



KGH FOUNDATION

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# KINDRED SPIRIT NEWS

Your source of impact, community in action, and uplifting stories to brighten your day.

## Share a Meal



This month a group from MNP joined us at JoeAnna's House and prepared a delicious spaghetti dinner. They were even so kind as to make additional meals for the Guests to enjoy in the days to follow! Thank you to this rock star team from MNP! If you would like to learn more about the Share a Meal program please contact Heather; [heather.moison@interiorhealth.ca](mailto:heather.moison@interiorhealth.ca).

50% off all regularly priced items at  
Rutland Thrift August 23-24 & 27th!



Thank you to all the volunteers who made this year's DAS Weekend event in support of the KGH Foundation so awesome! We'd also like to extend a big thank you to everyone who stopped by to say hi and supported the event throughout the weekend!



All Interior Health employees are now eligible for 20% off all regularly priced items at Rutland Thrift with valid IH identification.



# Welcome Janine!



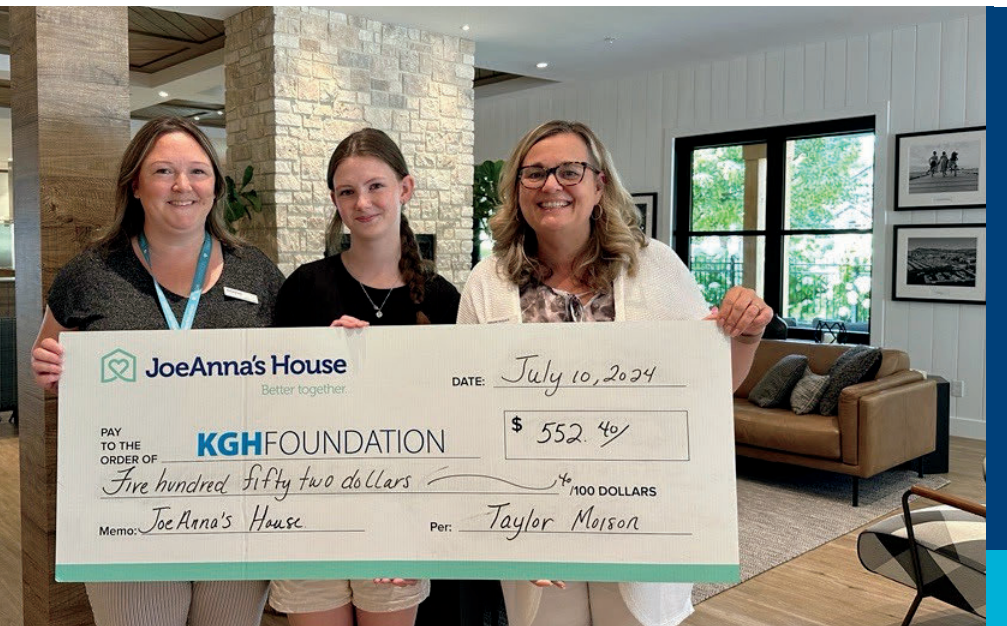
The KGH Foundation Board of Directors is pleased to welcome Janine Karlsen as their new Board Chair. Four new directors were also named at the KGH Foundation's Annual General Meeting this past June.

Karlsen, who has served as a director on the Board since 2021, brings expertise and leadership from a variety of fields across the health care industry, and will play an invaluable role in leading the Foundations efforts.



## JoeAnna's House

Better together.



Philanthropy runs in the Moison family! Heather Moison (left) is our front desk administrator and Share-a-Meal coordinator at JoeAnna's House, and recently her daughter Taylor volunteered her time to hold a bottle drive for JoeAnna's House. She raised over \$550 to help keep families together when they need it most! Thank you so much, Moison Family, for making such a meaningful impact for the guests of JoeAnna's House, in more ways than one!



JoeAnna's House is currently seeking individuals who are able to volunteer in the evenings and on the weekends. If you think you, or someone you know, may be a good fit please reach out to Nicki; [nicole.hughes@interiorhealth.ca](mailto:nicole.hughes@interiorhealth.ca) or visit [joannashouse.com](http://joannashouse.com) to learn more and fill out the volunteer form.



# Volunteer-a-versary | August

The commitment of our volunteers is the heartbeat of our mission, and we are deeply grateful for the invaluable contributions they continue to make everyday. Because of this we are always looking for a way to celebrate our volunteers and the impact they make in enhancing health care in our community. Today we recognize the following volunteers for the time they've spent on our team, from 1 year to 15 years. We continue to be inspired by the dedication of these outstanding individuals.



Joyce Epp 15 yrs



Annabel Golden 1 yr



Kyle Gomes 1 yr



Ekman Gill 2 yrs

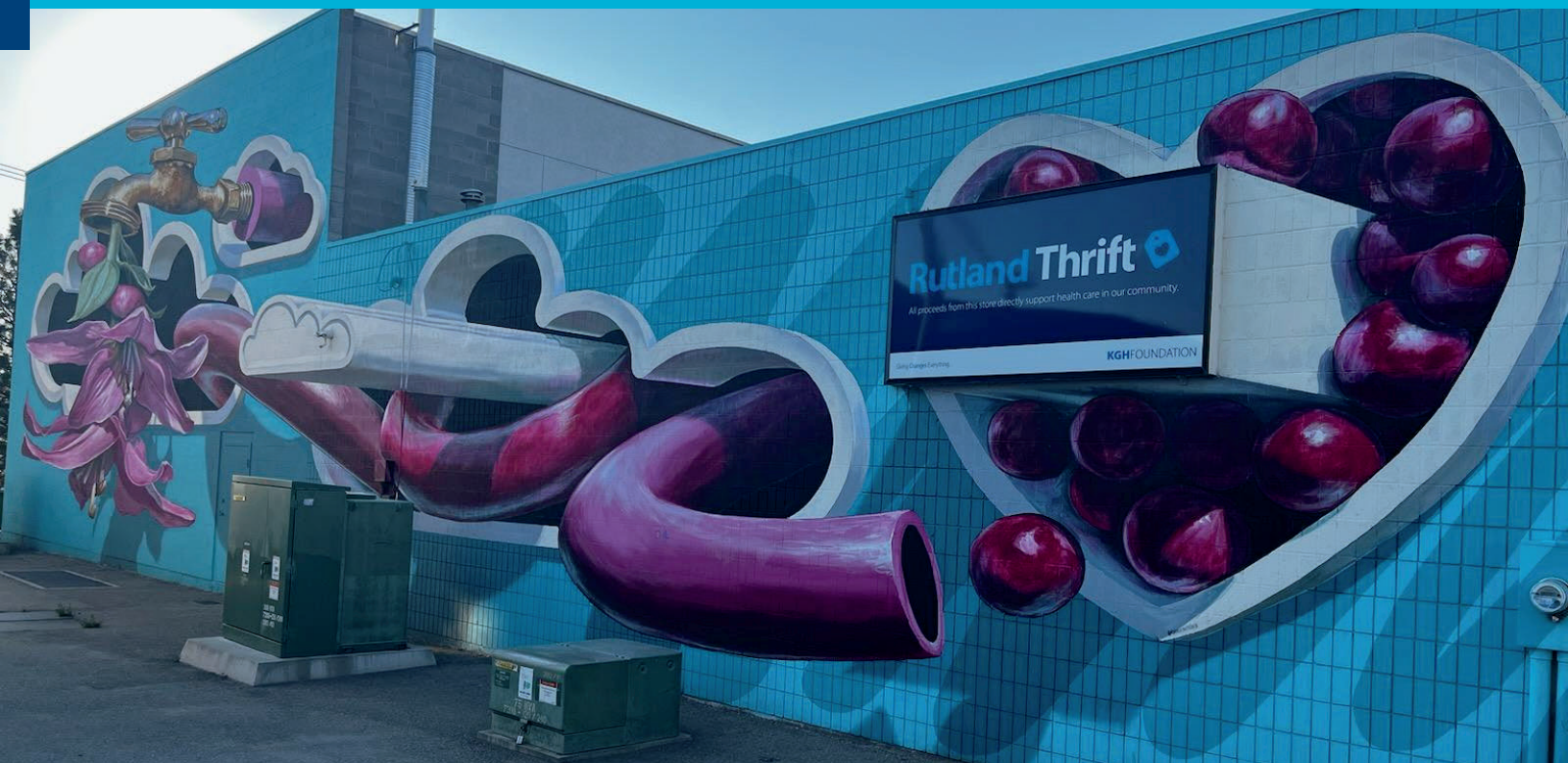
Justine Cobb 2 yrs

Elizabeth Penner 2 yrs

Georgina Power 2 yrs

Eknoor Deol 1 yr

Sophia Tomm 4 yrs



## Thank You Board Members!

After serving the maximum term of six years, the KGH Foundation Board and staff extend their heartfelt gratitude to outgoing board members for their long standing guidance and leadership: Kyle Recsky (outgoing Board Chair), Dave Cronquist, Trina Warren, and Steven Tuck. Additionally, the Foundation gratefully acknowledges outgoing directors Ria Kitsch and John Tavorieri who each served on the Board for two year terms.

Tuck will be staying on the Foundation's Planned Giving Committee and has been named an Honourary Lifetime Director for his enduring dedication to the Board and his community.

The role of the KGH Foundation's Board of Directors is to provide leadership, direction, and support to Foundation staff, and drive strategic partnerships to help raise funds vital to the health care needs unique to the Central Okanagan and surrounding communities.

Visit [kghfoundation.com/board](http://kghfoundation.com/board) for the full roster of Board of Directors and to learn more.

# Giving Changes Everything.

CONTACT US [info@kghfoundation.com](mailto:info@kghfoundation.com)

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KGH Foundation



Thank you to the team from Three Lakes Brewing who is raising money for JoeAnna's House with their 'Sharing is Caring' Pale Ale!

## Okanagan Dream Rally

What an awesome turn out at this year's Okanagan Dream Rally! We had such a great day connecting with everyone and participating in this year's event. A huge thank you to the August Team and everyone who volunteered and had a role to play in all the hard work that went into putting on such a spectacular fundraising event!



## Word Search

A	S	K	S	C	H	T	C	D	Y	J	U	D	E	Y
K	U	P	R	L	V	L	M	R	Q	R	M	P	G	U
H	N	G	E	O	F	G	E	K	Q	I	M	Z	A	G
S	F	O	U	D	W	V	O	R	E	A	Y	G	R	G
Q	L	M	F	S	A	M	S	R	O	O	D	T	U	O
F	O	S	V	R	T	P	A	X	G	G	P	W	O	Q
X	W	K	B	G	O	W	N	E	M	G	H	L	C	T
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V	R	N	T	D	E	S	J	J	K	S	Q	G	Q	L
M	D	S	P	M	Q	W	L	R	Q	D	Y	A	I	B
X	B	M	I	N	S	D	H	A	K	Z	W	Q	I	C
B	B	M	Z	S	W	Z	T	X	T	I	Y	T	A	G
Y	L	Q	Y	J	M	N	Z	L	W	W	D	Q	P	T
P	X	Y	J	G	D	T	T	M	N	F	Z	V	Q	O
O	L	Y	M	P	I	C	S	V	F	W	W	U	D	O

## Word Bank

august	outdoors
bravery	sports
courage	sunflower
olympics	teamwork



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