



KINDRED SPIRIT NEWS

Your source of impact, community in action, and uplifting stories to brighten your day.

Young Philanthropists in Action



A big thank you to the English Language Learners Class from Rutland Middle School who volunteered their time washing cars and selling freezies to raise over \$1000 for Pediatric Care at KGH!

The students chose Kelowna General Hospital as the recipient of their donation because they have been learning about the value of accessible health care, close to home, and wanted to take matters into their own hands! Great work to all the students and staff involved, you are an inspiration to young philanthropists in our community!



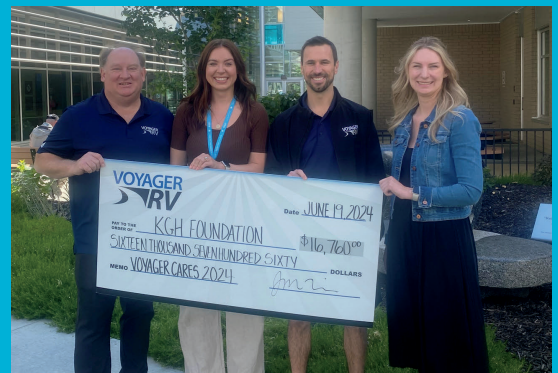
(w)healthy
WITH SHAUNA NYROSE

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Rutland Thrift Volunteer, Jeanne Elder, getting in the July 1st spirit while sorting some festive donations!

Voyager Cares 2024



We'd like to extend our sincerest thanks to the team at Voyager RV for their incredible donation of \$16,760 to KGH as part of their Voyager Cares 2024 Initiative. Another incredible local business committed to bringing world class health care close to home! Thank you!

COBSS Bursary Recipients 2024



Our volunteer, Kelly He, graduated from KSS and has plans to be an Engineer!



Volunteer, Ramneek Parihar, graduated from RSS and has plans to be a Biomedical Engineer!



Congratulations all 2024 Graduates!



Thank you to the groups from RBC and Telus who both joined us at JoeAnna's House this month. It is always such an amazing experience when we have community groups volunteer to prepare a home cooked meal for the Guests of JoeAnna's House.

If you are interested in volunteering for an evening with the Share a Meal program please contact Heather, Heather.Moisan@interiorhealth.ca



JoeAnna's House

Better together.

Volunteer-a-versary | July

The commitment of our volunteers is the heartbeat of our mission, and we are deeply grateful for the invaluable contributions they continue to make everyday. Because of this we are always looking for a way to celebrate our volunteers and the impact they make in enhancing health care in our community. Today we recognize the following volunteers for the time they've spent on our team, from 1 year to 5 years. We continue to be inspired by the dedication of these outstanding individuals.



Deandra-Lee Batiste	1 year
Nicole Lofroth	1 year
Luke Hopkin	1 year
Romina Nazembokaei	1 year
Sukhmani Judge	1 year
Sarika Kumari	1 year
Isabella Chen	1 year
Janice Cheng	1 year
Nellita Gomes	1 year
Anna-Belle Lovering	1 year
Abhayjeet Momi	1 year
Linda Zulinick	2 years
Jacqueline Baliski	1 year
Keira Dail	1 year
Ruth Hussey	5 years
Raghav Chadha	1 year
Ranveer Raj	1 year



Intergenerational Volunteerism

I'm privileged to be a member of Volunteer Canada and an article was just published regarding the power of respectful intergenerational connectivity and how it is societally changing!

What is meant by intergenerational volunteerism is combining the very diverse age demographics that come together to help the KGH Foundation fulfill its mission and it's something that we as an organization have been doing for years.

We have brought together adults with a vast array of knowledge and life experiences and youth with a vast array of energy and a willingness to learn, and created a very powerful dynamic that enables the Foundation to operate their Social Enterprises to their maximum.

The Perking Lot, the Royal Bistro, and the Centennial Mercantile have for years integrated youth and senior volunteers which has enabled the Foundation to ensure essential services are made available to the staff, patients and visitors of KGH and ultimately raise funds that support bringing first class health care to the community that we all call home.

Not to make lightly of the mission, it must be acknowledged that bringing intergenerational volunteers together under the Foundation umbrella has also proven to be impactful in so many other ways.

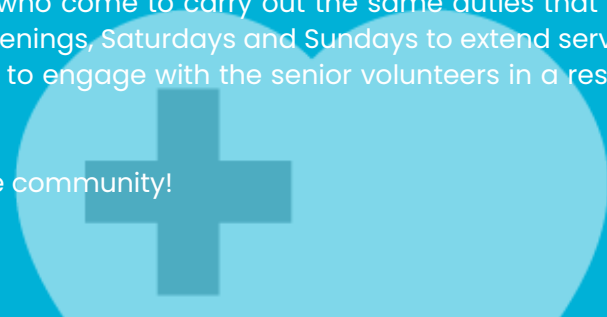
Intergenerational volunteering creates meaningful connections between generations so that they can learn from one another while imprinting the values of volunteerism in the younger generations – planting the seeds for the future. Further, it can be a solution to social issues such as loneliness and social isolation, ageism and other stereotyping, cultural identity gaps, and cognitive decline in older adults and at-risk youth.

The connection between the generations can bring people together in purposeful, mutually beneficial activities which promote greater understanding and respect between them and contributes to building a more cohesive community. With multi-generational volunteerism at work, ALL can have a better understanding of where we come from and what we have to offer the world and how we can collectively make it better for all.

To the senior volunteers, thank you for embracing the youth who come to carry out the same duties that you do every shift during the day. The students give up their Friday evenings, Saturdays and Sundays to extend services to staff. And to all of you students, thank you for taking the time to engage with the senior volunteers in a respectful and meaningful way.

Each generation is a gift to the next and ultimately a gift to the community!

Nancy Wells – Projects & Development Manager



Giving **Changes** Everything.

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KGH Foundation



Thank you to everyone involved in this year's Good Lemonade Day! They raised an incredible \$26,720 for JoeAnna's House!

Okanagan Mortgage Brokers

A huge thank you to the team from the Okanagan Mortgage Broker's Golf Tournament who raised \$25,000 for the NICU at their tournament this year! Since the tournament's inception they have raised over \$115,000 for the NICU at KGH! We are so fortunate to have such incredibly motivated community partners who continue to be dedicated to raising funds for health care close to home. Thank you again to everyone who was involved with making this year's event so amazing!



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O B E A C H G J M A X E U U P
D I T T B T G I M F K S N F V
F E I A K T T I U Z R E S I K
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50% off all regularly priced items at
Rutland Thrift from July 25-27th!