

IMPACT REPORT 2016

OUR HEALTH

OUR HOSPITAL

OUR HOME

16

KG H FOUNDATION
IMPACT REPORT 2016

KG

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KG H FOUNDATION
together we change lives

REPORT FROM THE C.E.O.

We never take for granted the connection we have to the hospital and its patients.

Being located on site at Kelowna General Hospital, we have patients come by and share stories of the great care they received. Physicians and nurses drop in to let us know that, thanks to a new piece of equipment provided by donors, they've shortened wait times or improved the standard of care they can offer. We have loved ones sending notes of gratitude for small comfort items that made their stay a little easier.

We work in a unique environment, where the goal is always to improve the health and vitality of patients. Every day we learn something new about the services provided, the medical teams we have on site, and the challenges Interior Health faces in providing great care.

In that spirit, you will notice that this year's Impact Report to donors is a little different! We've designed it intentionally in the form of a health record. As such, you will find we've shared meaningful information, knowledge and insights about the health of our organization and the real impact your support has made at KGH.

It has been a very busy year around the hospital campus with the opening of the Interior Heart & Surgical Centre in September, followed by the new Perinatal Unit on the fourth floor in March. We've added an iconic new art piece to the main entrance and now have the latest technology in diagnostic imaging brought on site. And as tribute to our incredible volunteer force, we tell the story of one of our all-stars, Ros Ellett, and the unprecedented contributions her team has been able to provide at KGH through the giving of their time and talent.

Your support of healthcare in our community has made a tremendous difference, bringing us from government standard to world class care. We hope that by sharing our health record with you, you will see the amazing improvements your generosity has brought to the patients we serve.

Thank you for your contribution to improve the health care available to our families and our neighbours. Stewardship of your commitment is our most important responsibility.

It's truer than ever before – *together we change lives.*



A handwritten signature in black ink, appearing to read 'D. Rankmore'.

DOUG RANKMORE, CEO



VISION SUITE GETS NEW OPHTHALMOLOGY CHAIR

We often take our senses for granted. But for hundreds of patients who visit KGH each year the gift of sight is an elusive sense, hindered by complications that are often out of their control.

Cataracts can occur in newborns as well as the elderly and impact someone's ability to see their surroundings clearly, and blurred vision is not the only side effect.

Patients dealing with cataracts – a condition in which a 'cloud' forms on the lens that lies behind the iris and the pupil – can experience symptoms ranging from dizziness to depression. The condition isn't life-threatening, but it's certainly life-altering.

Jim Popowich and his wife, Laverne, experienced this firsthand with family members and friends, and were inspired to make contributions to the Ophthalmology department. Their latest donation financed the purchase of a second chair for performing procedures like cataract surgery and corneal transplants. The Eye Care Centre can now conduct cataract surgeries, as well as the removal of cancerous tumours and repairs of sagging eyelids that impede vision, in

one of two rooms. As a result, the waitlist for surgery has shrunk from 52 weeks to 26, which has a significant impact on quality of life for patients.

Jim, a pragmatist who retired after a successful career in the mining industry, and Laverne, a former nurse with years of experience in eye care, feel strongly about providing the tools necessary to "get the job done". He likens healthcare to the maintenance of the heavy machinery used at a mine: it's about through-put and efficiency but also significantly improving quality, and without the right equipment to maintain the health of the machinery the operation suffers. This boots-on-the-ground mentality has resulted in countless donations to the hospital that make a real impact on healthcare delivery.

When asked about the impact their donations to the Ophthalmology department has made, Jim cites the example of Laverne observing a grandmother who was able to see her grandchild clearly for the first time after recovering from surgery. While their philanthropy is grounded by their business sense, they're inspired by their sense of humanity.



NAME	OCCUPATION
Colin Basran	MAYOR, CITY OF KELOWNA

PATIENT BACKGROUND

Born and raised in Kelowna, Mayor Colin Basran is proud to be a KGH kid. His family settled in the Okanagan in 1907, one of the first East Indian families to arrive in the area. In 2000, Colin graduated from Okanagan College and met his wife Leanne, at nurse at KGH, and now the mother of two more KGH kids, Nyah and Keenan. Colin is a great supporter of KGH and has raised nearly \$44,000 through his annual Charity Open golf tournament.

PATIENT NAME	OCCUPATION
Ron Kaiser	VOLUNTEER, KGH PERKING LOT
PATIENT BACKGROUND	

Ron has been a loyal KGH supporter for many years volunteering weekly at the hospital's coffee shop and making monthly contributions. After receiving great care from Dr. Keith Prestage during a minor surgical procedure, he made a generous gift toward the new Interior Heart & Surgical Centre to express his gratitude.

INTERIOR
HEART & SURGICAL
CENTRE



Dr. Keith Prestage in the Urology Operating Suite



UROLOGY SUITE BRINGS LEADERS AND
NEW PROCEDURES

The field of Urology is constantly changing as advancements are made in the design and application of technology. Dr. Keith Prestage has been in the field for 30 years and knows all too well the significant impact of technology on his practice.

“Our surgical specialty is very equipment-oriented,” says Dr. Prestage, “it’s hard to offer even the core surgical procedures without the latest technology.”

Having cutting-edge equipment helps to attract and retain the leaders in a given field. The opportunity to advance the success of your chosen field knowing that the environs are at the leading edge is a strong lure for the doctors, nurses and technicians who want to excel at their practice. These are the people who elevate the level of care in your community.

These leaders are now performing complex procedures at KGH. In what Dr. Prestage characterizes as a “radical change,” a nephrectomy (partial or full removal of a kidney) - formerly a painful and invasive procedure with a long recovery - can be done laparoscopically. Also known as “keyhole surgery”, it involves making several small inci-

sions rather than a large one, greatly reducing pain and recovery time.

The other significant leap was made in the removal of large kidney stones, those too large for traditional treatment. Thanks to the acquisition of a CyberWand system for ultrasonic lithotripsy the procedure can be done for patients with only a small incision between the ribs. It requires great skill on the part of the surgical team, and is aided by the exceptional surroundings in which they conduct them.

“Even just the physical space, the size and design of our new room make it much more efficient and user-friendly for the surgical team,” according to Dr. Prestage. “The focal point of the room is the Urology OR table that allows us to use all of our equipment – scopes, lasers, cameras – to their maximum capacity.”

Thanks to the support of donors and the expertise of physicians, nurses and technicians KGH boasts one of the most advanced and effective Urology departments in Canada.

KEEPING THE BEAT

Much like your home, the heart has both a plumbing system and an electrical system. A slow drain in the bathtub is an indication that something is clogged, and a plumber is needed to clear the blockage. This can be compared to a heart attack: a blockage is causing the symptoms. If symptoms are ignored there is a chance that a heart attack may develop into an electrical problem called a cardiac arrest. The electrical system keeps the heart's rhythmic beating, controlled by heart cells that create an electrical pathway.



ELECTRICAL

Heart Rhythm Management or Electrophysiology is the function that regulates the heart beat or rhythm

ASSOCIATED CONDITIONS

CARDIAC ARRHYTHMIA is an irregular heart beat

CARDIAC ARREST is an electrical problem, occurring when the heart malfunctions and stops beating unexpectedly.

CARDIAC ARREST is triggered by an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia). With its pumping action disrupted the heart cannot pump blood to the brain, lungs and other organs.

CARDIAC CARE

Electrophysiology (EP) services encompass the evaluation and treatment of a variety of abnormal heart rhythms. With testing and proper diagnostics, 'electrical' abnormalities can be successfully treated with:

- Medication
- Pacemaker
- Implantable cardio defibrillator (ICD)
- Cardiac ablation
- Surgery



PLUMBING

Coronary revascularization keeps the 'pipes' clear, unbroken and strong.

ASSOCIATED CONDITIONS

Problems with the plumbing system are known collectively as **heart disease** and include: coronary artery disease, heart valve disease, heart conditions present at birth, congenitive heart failure, and conditions affecting the great vessels.

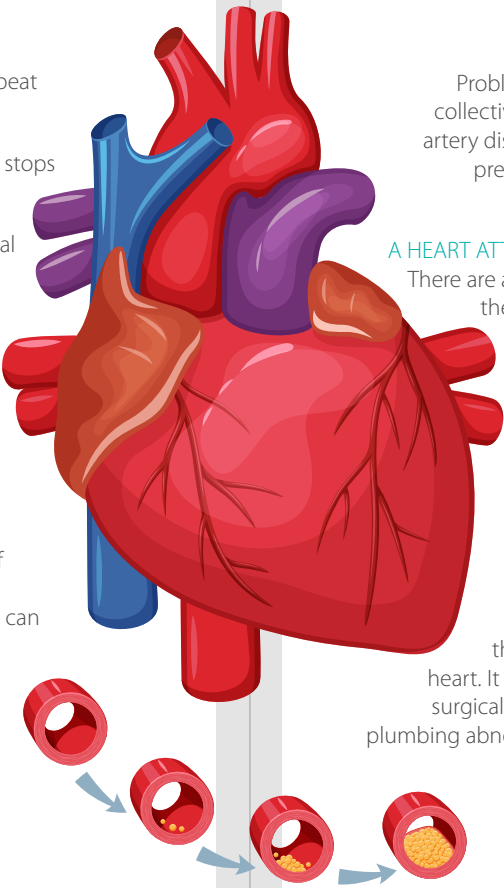
A HEART ATTACK is a circulation or 'plumbing' problem. There are almost always warning signs; discomfort in the chest or upper body, shortness of breath, cold sweats, and nausea.

A HEART ATTACK occurs when blood flow to the heart is blocked. The heart muscle can't get enough oxygen and maybe damaged leading to a heart attack.

CARDIAC CARE

Coronary revascularization is the process through which blood flow is restored to the heart. It is typically accomplished by percutaneous surgical means. With proper diagnosis and testing, plumbing abnormalities can be successfully treated with:

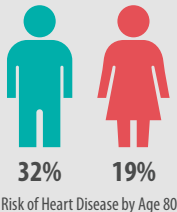
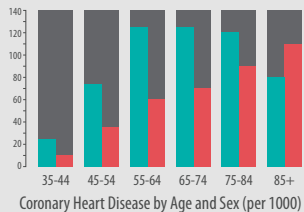
- Bypass surgery (CABG)
- Angioplast / Stent placement (PCI)
- Lifestyle modification
- medications



What's the link? Most heart attacks do not lead to cardiac arrest. But when cardiac arrest occurs, heart attack is a common cause.



1.6 MILLION
CANADIANS ARE
LIVING WITH
HEART DISEASE
AND STROKE



WORLD-CLASS CARDIAC SERVICES

In November 2009 the first angioplasty was successfully performed at KGH, marking the beginning of a remarkable expansion in the Cardiac program. Thanks in part to the invaluable support of the community, the Interior Heart and Surgical Centre (IHSC) opened its doors in 2015 and is now able to offer world-class care for residents throughout the region.

The ripples are far-reaching. For decades KGH was only a conduit for assessment and referrals. All surgical interventions were directed to hospitals in the Lower Mainland. This created hardship for patients and their families, who would face either the stress of separation or the expense of travel and lodgings in order to stay together.

With the introduction of angioplasty, or percutaneous coronary intervention, one of the most common cardiovascular procedures was now within reach of the 750,000 residents in the Interior. Thousands of stent placements have been performed since then - over 1,900 in 2015 alone.

As resources were dedicated to further expanding the cardiovascular services at KGH specialists from other regions started to consider Kelowna as a place to practice their given specialty, enhancing the healthcare community. The commitment to build the IHSC, one of the most advanced facilities of its kind in Canada, was a further draw for doctors, nurses and technicians.

When Dr. Poostizadeh, Cardiothoracic Surgeon, arrived at KGH in 2012 from Vancouver a door was opened to even more comprehensive care: cardiac surgery was now available in the Interior. Hundreds of procedures were performed, including open heart coronary bypass grafts and heart valve replacements.

The donor-funded Hybrid OR in the IHCS opened yet another door: cardiac and vascular surgeons could now perform minimally invasive surgery, an option that vastly reduces recovery time for patients, reducing the potential for complications and getting them back home with their loved ones as quickly as possible.

At present, there are only a few procedures that can't be performed at IHSC, including heart transplants and transcatheter aortic valve implantations (TAVI), and that will change when Dr. Poostizadeh and his colleagues complete their training at St. Paul's Hospital. They'll begin to perform TAVI in 2017.

For Dr. Guy Fradet, Medical Director IH Cardiac Science Program, this is the best possible healthcare scenario. He worked hard to help make the IHCS a reality, understanding what it meant to the community. As part of the network within Cardiac Services BC, Dr. Fradet partners with counterparts at Royal Columbian, Royal Jubilee, St. Paul's and Vancouver General Hospital to ensure knowledge is shared and resources are used to their best advantage.

Dr. Poostizadeh and his colleagues are already looking down the road at expanding services even further to conduct more minimally-invasive procedures and add electrophysiology to the range of interventions available for patients in the Interior.

The dedication of physicians and their staff coupled with the unwavering support of generous donors means that KGH can continue to stay on the leading edge of health-care delivery.

SPECIAL EVENTS

An incredible \$81,300 was raised for patient care through independent fundraisers over the last year!

APRIL 2015

Dorothy Walker Elementary School:
Friends Crafting to Donate

Delta Grand Okanagan Resort:
Fundraiser at Rusty's Steakhouse

Seeing Stars: A Gift for Kids

MAY 2015

Judy's Spa: Official Opening

Heartfelt in the Vineyard

Bands, Burgers, Beers & Balding

JUNE 2015

Bike 'n Braai

Kelowna Hospital Auxiliaries
Luncheon

Sandra Schmirler Golf Tournament

Kees Tae Kwon Do:
Black Belt Training

Wentworth Music Concert Series:
A Tribute to Prism

JULY 2015

Bike 'n Braai

Giobean: Dance for Your Heart
Under the Stars

AUGUST 2015

Be a Lifesaver Campaign Wrap-up
6th Annual Basran Charity Open Golf
Tournament

SEPTEMBER 2015

KGHF Classic:
Tennis & Bocce by the Lake

Save-On Foods Points Drive

Kids of KGH Day

Kelowna RCMP Auxiliary: Stomp at
the Laurel

OCTOBER 2015

Halloween Alley Fundraiser

NOVEMBER 2015

Kelowna Chiefs vs.
North Okanagan Knights

"We're Expecting" Dinner

KGH Foundation Volunteer
Christmas Pary

Beaumont Winery: Wine Tasting

DECEMBER 2015

Hotel Eldorado Inkeeper's
Celebration

Ex Nihilo: Festival of Trees

Kelowna Rockets Teddy Bear Toss

Black Mountain Elementary
Toy Drive

Lights of Christmas Paws

JANUARY 2016

Fun Bugs Giggles for Kids

FEBRUARY 2016

Have a Heart Radiothon

Perinatal Unit Opening

Wentworth Music Concert Series:
A Tribute to the 90's

MARCH 2016

Big White Kelowna Cup

6 Degrees Bistro Wine Tasting &
Food Pairing

Rutland Senior Secondary: Movie
Night Fundraiser

Evan Friesen's Birthday

West Wind Sculpture Unveiling



KGH Kid Day & official launch of Giving Giggles campaign



WENTWORTH MUSIC CONCERT SERIES

Twice each year, the students of Wentworth Music hit the stage and hold a sell-out tribute concert for family & friends. This year's shows included a Tribute to the 90's and a 20th Anniversary Show which brought the total to \$156,501 raised for pediatric care in the North & Central Okanagan.



HEARTFELT AT THE VINEYARD

This intimate and educational evening brought together the team of Cardiologists at KGH with their loyal supporters to share the successes and opportunities within Interior Health's Cardiac Program. Hosted at 50th Parallel Estate Winery and SimMan – a high-fidelity patient simulator – even made an appearance.



BASRAN CHARITY OPEN GOLF TOURNAMENT

One of the largest tournaments in the valley, the Mayor's event raised a record-breaking \$33,370 for the KGH Foundation and CMHA Kelowna. As he describes it, this tournament touches everyone and helps to make those who are sick a little more comfortable.

FUTURE GIFTS

The following donors have made a current or deferred legacy gift and have a leaf engraved with their names on the KGH Foundation’s legacy tree.

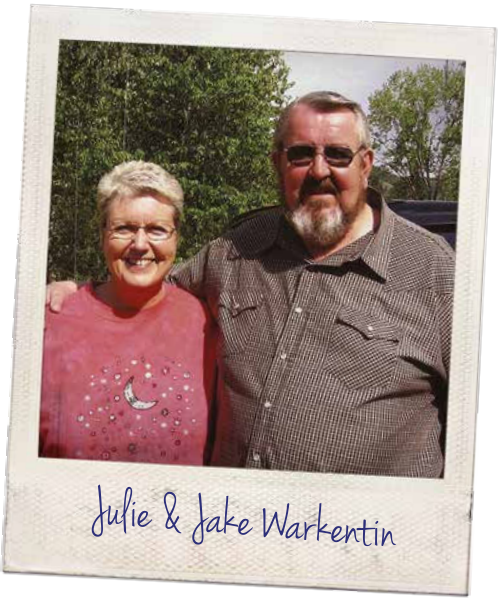
David & Deborah Adel	Bob & Sherry Elliott	Dennis & Linda Langevin	Albert & Rose Rampone
Catherine & Gord Almond	David & Celeste Fabris	Roy & Lois Lashmar	Susan & Frazer Reid
Fritz & Rose Altmann	Herb & Dawn Fallow	Harry Lee	Margaret Ruf
Emilie & Donald Applin	Allan & Elsie Farrar	Chris Lefaivre	Barbara E. Sekela
Kerry & Eleeta Armit	Goerge & Jeanette Fish	Walley & Marietta Lightbody	Annette Shackleton
Helen Arneson	Randy & Enid Fleischhacker	Isabella Lind	Joseph & Greta Steele
Theresa Arsenault & Stuart Marshall	Murray & Yvonne Flock	Barbara Liversidge	Grant Steven & Andrea Loudoun-Steven
Odette Banerji	Ute & Ekhard Freitag	Alex Lye & Chi-Fui Chong	Ruth & Peter Stirling
Peter Benmore	Gerald & Kay Geen	Clare & Jack Mallow	Jim & Anna Stuart
Carole & Peter Bowen	Jacqueline Gilbertson	Jacob Martens	Anne Stuart
Doyle & Susan Bray	Lillian Halberg	Ian & Margaret McGown	Donald & Dorothy Sugimoto
Bernice Brodie	Rendina Hamilton	Bill & Gail McKerlich	Per Kjell Sundin Foundation
Beverly Jean Busch	Gisela Harding	Hugh & Linda Mervyn	Sally Swenson
Robert & Susan Campbell	Jean Harrod	Sven & Deborah Mikkelsen	Carol Taylor
Grace & Ken Campbell	Eugen & Johanna Helm	Dean & Mary Miller	Bob & Stella Tessier
Aurele & Louise Campeau	Rick & Amy Heseltine	Bernice K. Moir	Dorothy Thomson
Betty-Ann Catcher	Len & Ethelwyn Hintz	Roy & Pamela Moor	Lori J. Uzelman
Theresa L. Cole	Chris Holtom	Vedder Morton	Charles Volkart
Bill & Charlene Corbett	Colin & Susan Ives	Sarah Nelems	Grace Wainwright
Jim Davies	Frank Jefferies	Diane Paterson	David & Priscilla Weir
Alan & Margaret Dawson	Bruce & Jacqueline Jones	Tammie Penty	Seymour & Joan Zidle
Joseph & Mary Degrazio	Sonja & Walter Kischel	Anna & John Pineault	
Wally Dennison	E. Marie Knight	Sheila Pitchford	
Bill Dishaw	George & Cornelia Kroker	B. Gail Plecash	
Mike Duncan	Robert & Evelyn Krushe	Darrell & Margaret Porubanec	

“ The true meaning of life it to plant trees, under whose shade you do not expect to sit.
- Nelson Henderson

ESTATES

The KGH Foundation is honoured to have received gifts from the estates of the following thoughtful individuals.

Estate of Evert and Alie Does	Estate of Marjorie Eva Shaw
Estate of Roger Gagne	Estate of Henry Lancelot White
Estate of Edwina Hart	Stacey
Estate of Eric Heck	Estate of Basil Thorne
Estate of Robert F. Marriage	Estate of Jake Warkentin
Estate of Laurence Petch	Estate of Art Would
Estate of Edith Roming	



The KGH Foundation is honoured to have received gifts in memory of those listed below.

William Allan	William Fieldhouse	Sam Larry	Kornelia Rempel
Sean Almond	Hugh Fitzpatrick	David Lauer	John Resch
Irene Andres	Tillie Flanders	Muriel Leask	Margaret Reti
Richard Armstrong	Paulette Fleck	Kristene Leduc	Sybil Rimmer
Melvin Arnold	Joan Fowler	Sharon Lengyell	Patricia Robbie
John Bahr	Doris Fowler	Maureen Light	William Robinson
Stanley Bankowski	David Fralick	Russ Light	John Robson
Roy Barnes	Daryl Frisneth	Charlotte Lilley	Nixon Rolfe
Margaret Barr	Marcel Gal	Andrew Lindsay	Margaret Rollins
Robert Barton	John Gilbert	Maria Lischka	Betty Romses
Luigi Bazzana	Doris Gillman	Harold Loewen	Regina Roth
William Bennett	Hermann Gloge	Tony Lopes	Marilyn Scherer
Edward Billy	Thomas Gordon	Theresa Loughlin	Alois Schmalz
Ann Blanchard	Milan Gorjan	Clarence Lucas	Philip Schram
Ronald Borden	John Graham	Andrew Lukenchuk	Margaret Scott
Hunter Bradbury	Valerie Grant	Gordon Lyons	Ernest Sebo
David Brant	Gordon Greffen	Lucille MacDonald	Sid Segal
Gladys Brock	Krystyna Groholski	Donald MacIver	Patrick Sessford
Frederick Brookes	Heinz Hafke	John MacKenzie	Marlene Sieben
Edward Bryan	Lawrence Harding	Gwyn MacKeown	Margaret Simpson
Nick Bulach	Jean Harris	Margaret MacWilliam	Annabelle Smith
Sharon Bulych	Lee Harris	Jacqueline Madsen	James Stewart
Clifford Burkart	Erika Hartwig	Vincenzo Magaldi	John Summers-Gill
Jewel Burton	Eileen Heal	Richard Mahoney	Lawrence Swanson
Katherine Byland	Geilbert Helbecque	John Mangold	Matsuye Terada
Gerald Cameron	Laurie Henderson	Harold Mann	Mary Ternquist
Karel Car	Frieda Herrmann	Wendy Markevich	Morris Thomas
Beatrice Carrington	Bertha Herzog	Don Marr	William Treadgold
Gordon Carson	John Hetter	Arlene Martin	Gertrud Treeter
Helma Carson	Henry Hickie	Glenn Matheson	A.S. Underhill
Lorna Carter	Peter Hlushko	Phyllis Matwiv	Don Van Steinburg
Emile Casavant	Sandra Hodgins	Hazel Maw	Lorne Vandenberg
Veronica Casorso	Mark Houston	Jack McCallum	Priscilla Vaski
William Cassidy	Percival Huggard	Margaret McKenzie	Carmen Vaz
Len Chahley	Ross Hurst	Peter Meier	Robert Vickers
Dale Chisholm	Gerry Imbeau	Linda Melanson	Aladar Vince
Audrey Chwelos	Monica Innes	Bennie Monteleone	Norma Wade
Iris Clement	Duncan Innes	Karen Mooney	Fred Wainwright
Marilyn Codyre	Jeanette Jacobson	Donna Moores	Joan Walker
Judith Colburne	Frank Jamieson	Dick Munn	Ronalee Ward
Elizabeth Coleman	Erhard Janzen	Maureen Nason	Jackie Watson
Mary Conville	William Jeffrey	Bruno Neufeld	Doreen Watson
Lindsey Corbett	John Jelly	John Newman	Michael Watson
Jan Corrado	Bernard Johnson	Rosemary Newton	John Watts
Richard Cousins	Richard Jones	Ernest Oslender	Joyce Weller
Harry Craige	Robert Joy	Raymond Ottenbreit	Philip White
Linda Crane	Romas Jurys	Manfred Pabsdorf	Debra-Lee Wilkes
James Dagg	Emma Kandt	Patricia Pardue	Werner Willms
Michael Darnbrough	John Kane	Esther Parker	Edith Wilson
Marie-Louise De Vos	Bessie Kehler	Alice Persic	James Wilson
Jim Degner	Richard Kempf	Margot Peschke	Ted Wittenberg
Irene Desson	Joginder Khokhar	Dorothy Phelps	Ken Wong
Luigi DiRenzo	Patricia Killien	Mary Picklyk	Fred Wood
Cornelia Doorn	Una Kilpatrick	Henry Polowick	Jan Worts
Victorine Du Plessis	Dale Kinnee	Alfred Puder	Bessie Wright
Dan Dyer	Gerald Klatt	Joe Qualtieri	Giro Yamamoto
Les Edgar	Barbara Knight	Phyllis Rampone	Chiyoko Yamaoka
Donna Farquharson	Anne Konarski	Lily Ranson	Nobuo Yamaoka
Colin Fazan	Dorothy Kostaschuk	Eric Reimer	Chesey Yauga
Piroska Fekete	Bertha La Hue	Anna Relkov	Emily Zielinski
Helen Ferguson	Gitta Lal	Edward Rempel	Shirley Zwarich

NEW ENDOSCOPIC ULTRASOUND

Thanks to the Colin & Lois Pritchard Foundation, patients being tested for gastrointestinal cancer can now be treated with the most advanced equipment right here at home. KGH's new Endoscopic Ultrasound is a diagnostic unit that allows for non-invasive, outpatient testing.

Colin and Lois Pritchard, ardent supporters of both KGH and UBC's Southern Medical Program, provided the funding to make it possible to bring this equipment to KGH.

Physician Dr. Carla Nash explains, "Endoscopic ultrasound is a marriage of conventional endoscopy to ultrasound technology. It allows us to look at the gastrointestinal tract in greater detail because we're able to put the ultrasound within 2 or 3 cm of areas such as the pancreas."

The result is a faster diagnosis and safer, more effective treatment. The procedure is also comfortable for patients,

all of whom will experience little or no pain afterwards and return home the same day.

With the new unit, patients can also stay closer to home. Previously the procedure required the patient to travel to either Vancouver or Calgary for testing.

The new equipment came as a result of a \$250,000 donation from The Colin and Lois Pritchard Foundation. Colin and Lois Pritchard are no strangers to healthcare philanthropy, having donated previously and on an ongoing basis to the KGH Foundation and UBC's Southern Medical Program.

"It's really important to have good medical care and have it close at hand," says Colin Pritchard. "We're very pleased, our family, to be a part of this great, great hospital."

Bile Duct



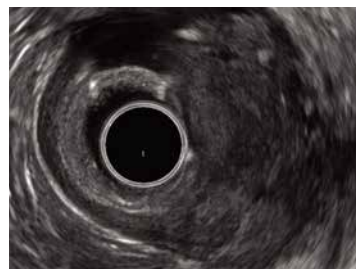
This young man was symptomatic, but was not noted on an ultrasound (done for urinary retention due to a coexisting disease) to have a dilated bile duct. Liver chemistry tests were normal. The bile duct on the endoscopic ultrasound was found to have stones causing the obstruction. They were not seen on traditional ultrasound. He went on to have them removed by ERCP, therefore avoiding serious conditions of pancreatitis and ascending cholangitis.

Pancreas Mass



This young (48!) year old gentleman who has a syndrome where multiple cancers can occur. One common place is the pancreas. He was noted to have a dilated pancreas duct in the neck of the pancreas on CT and MRI, but no mass was seen over more than 12 months of follow up. The mass is clearly visible on EUS, and could be biopsied to prove a neuroendocrine tumour exists in the pancreas and he has been referred to a surgeon to consider removal.

Gastric Cancer



This young gentleman has a syndrome where multiple cancers can occur in different organs including the pancreas. He was noted to have a dilated pancreas duct in the neck of the pancreas on CT and MRI, but no mass was seen over more than 12 months of follow up. The mass is clearly visible on EUS, and was biopsied to prove a neuroendocrine tumour exists. He has now been referred to a surgeon to consider removal.



ROBERT DOW REID'S WEST WIND

The façade of Kelowna General Hospital's main entrance received a new addition with the installation of "West Wind" in March. The Robert Dow Reid sculpture will stand proud as the third iconic landmark of his within the City together with "The Dolphins" and "The Sails".

The piece features five geese in flight and was originally created 30 years ago for local residents Richard and Martha Person.

For many years the sculpture lived as part of a water feature in front of the Persons' apartment building but when the couple celebrated their 60th wedding anniversary, they decided to give "West Wind" a more prominent home where it could be enjoyed by the community.

"Now's the time to put it to a better use," explains Martha. "It's just great. You can look up and see the birds flying North right now."

"In particular, we wanted the patients and the medical staff at KGH to enjoy the art," Richard adds.

The five birds represent the five members of the Person family who were all in attendance at the ribbon-cutting ceremony in March. Geese are also known for their teamwork and efficiency as it's said that when geese fly together, the whole flock can fly about 70% farther than if they were to fly alone. A fitting sentiment for the impact community support and medical teams can have on patient care.

"The sculpture had to be re-done and a base custom made for the new location," explains artist Robert Dow Reid. "Everything went well with the installation. All the holes and bolts lined up where they should have been."

Richard and Martha have been long-time supporters of the hospital but this most recent gift is certain to leave a lasting legacy.

Andrew Hughes, KGH Site Administrator shares, "We needed this crown jewel at the front. It's really going to be a part of Kelowna and for that we're very appreciative."

ORGANIZATIONAL GIVING

Our supportive community organizations who have generously donated \$500 or more in 2015/16

Accent Inns	Emmanuel Church of Westbank	Knox Mountain Metals	Sorin Group Canada
ACT/UCT Kelowna West Council #1003	ENT Kelowna	La Boulangerie Gourmet Cafe	Spiritual Assembly of the Baha'is of Kelowna
Allergan	Ex Nihilo Vineyards Okanagan Valley	Lake City Casino	Springfield Dental Centre
Andrew Peller	FK. Morrow Foundation	Lillian Taylor Cormier Foundation	Sprott Asset Management LP
Anne McClymont Elementary School	Farris, Vaughan, Wills & Murphy LLP	Il Tavolino Holdings	St. Andrew's Anglican Church
Anonymous Donor through the Victoria Foundation	Fidelity Investments Canada	Loblaws	St. Jude Medical
Aqueduct Foundation	Fireside Minerals	Mad Mango Cafe	Sun Life Assurance Company of Canada
9201254 Canada Limited - Peter's Yig #182	Forstrong Global	McLeod Family Fund	Suncor Energy Foundation
Auction World	FPS Fluid Power Solutions	Merck & Co.	Taraleigh Russell Memory Fund
Aviva Studios	Fripp Warehousing	Milteo Investments	TB Vets Charitable Foundation
B.C. Physicians Invitational	Fun Bugs Playground	MNP LLP	TD Canada Trust
Baby & Me	Gloria Di Dio Foundation	Mobile Giving Foundation Canada	TD Waterhouse Private Client Services
Bank of Montreal	Gore Mutual Insurance Company Foundation	Moksha Yoga Kelowna	TELUS Corporation
Beachtek	Grant Thornton LLP	Mooney Supply	Terracom Systems
Beadasnuck Investments	Green Leaf Cafe	Mr. Mozzarella	The Adela & Ed Wahl Foundation
Bell Media	Gurdwara Guru Amardas Darbar Sikh Society	Northside Industries	The B.C. Muslim Association - Kelowna
Big White Ski Resort	Gyro Club of Kelowna	Okanagan Telephone Company	The Colin & Lois Pritchard Foundation
Black & McDonald	Holistic Fiscal Strategies	OKAPED	The Great-West Life Assurance Company
Blossom Time Fair	Image One MRI	Orchard City Lions Club	The Hab Family Foundation
Brewery, Winery & Distillery Workers Local 300	Interior Savings Credit Union	Pacific Industrial Solutions	The Jim and Laverne Popowich Foundation
Brookhaven Care Centre Gift Shop	James Mills Memorial Fund and the Dorothy Mills Fund	Partap Orchards	The Keg Steakhouse and Bar
Bylands Nurseries	James Paterson Fund	Peachland Auxiliary to KGHF	The Manufacturers Life Insurance Company
Callahan Construction Company	John and Nancy Woodworth Fund	Peachland Lions Club	The Okanagan Sikh Temple & Cultural Society
Callahan Property Group	Judy's Girls	Pharmasave Glenmore	The Per Kjell Sundin Foundation
Canada Helps	Kee's Tae Kwon Do	Profile Consulting Services	The Sandman Harvest Foundation
Canyon Lumber Company	Kelowna Auxiliary to the KGHF	Q1 Design	The Tong And Geraldine Louie Family Foundation
Capri Insurance	Kelowna Cabs	Quail's Gate Vineyards Estate Winery	The Winifred McDonald Trust
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Centre for Spiritual Living Kelowna	Kelowna Capri Rotary Club	Rayburn's Marine World	Tolko Industries
Chatters Salon Kelowna	Kelowna Chamber of Commerce	RBC Foundation (Mark Kinnear)	Trulook Designs
Christ Lutheran Frauenverein Society	Kelowna Cycle	RBC Royal Bank	United Way of the Lower Mainland
CIBC Community Investment	Kelowna Hyundai	Reichwald Family Foundation	Valley Curbing
CIBC Employee Volunteer Program	Kelowna Lioness Club	Remedy's Corporate Holdings	Wentworth Music
City Furniture & Appliances	Kelowna Okanagan Mission Rotary Club	Rexall Foundation	Westbank Lioness Club
Class One Orthodontic Lab 2000	Kelowna Professional Fire Fighters	Rogers' Family Charitable Trust	Westbank Lions Club
Cops For Kids Charitable Foundation	Kelowna Regional Detachment - RCMP	Rohde & Liesenfeld Canada	William and Charlotte Kitt Fund
Cottonwoods Gift Shop	Kelowna Rockets Hockey Enterprises	Rotary Club of Kelowna Foundation	Winfield Auxiliary to KGH Foundation
Crowe MacKay LLP	Kelowna Shrine Club No. 15	Royal Canadian Legion Branch 288	Your Dollar Store With More
Davidson Family Foundation	Kelowna Tool & Die	Russell Investments Canada	
Delta Grand Okanagan Resort and Conference Centre	Kelowna Water Park	Rutland Hospital Auxiliary to KGH Foundation	
Department of Family Practice - Obstetrics	Kel-View Developments	S.C. Restorations	
Dewey, Cuttem & Howe Hair Company	Kiwanis Club of Kelowna - Summit	Sandra Schmirler Foundation	
Doctors of BC	Knights of Columbus - Father DeLestre Council 6233	Sapphire	
Dyer Family Fund	Knights of Columbus - St. Pius X Council 7359	Save on Foods	
Edgeworth Construction	Knights of Columbus (BC) Charity Foundation	Schell Technical Expertise & Digital Technology	
		Scotiabank	
		Sequoia Company of Restaurants	
		Society of General Practitioners of BC	
		Sonrise Foundation	



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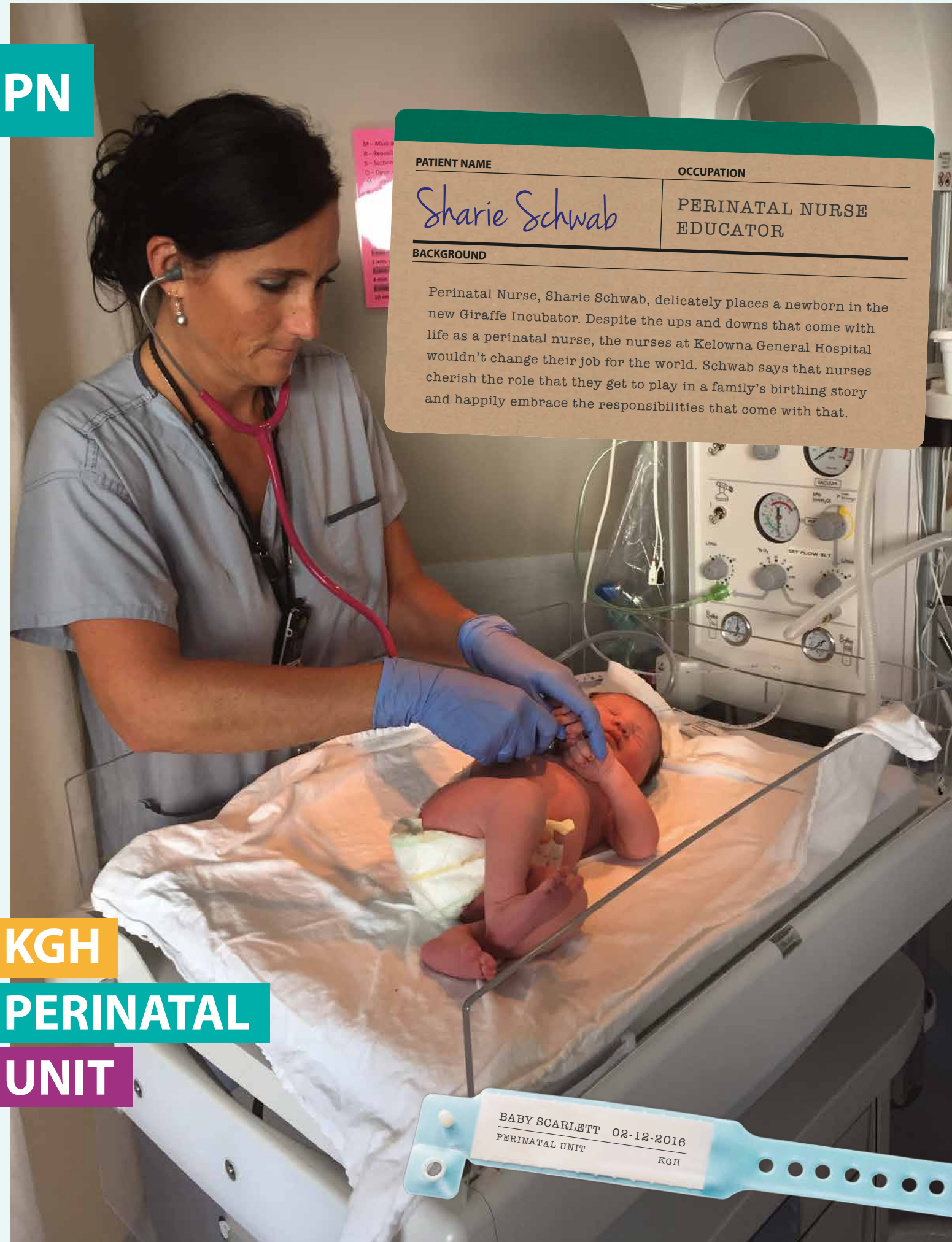
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PATIENT NAME	OCCUPATION
Sharie Schwab	PERINATAL NURSE EDUCATOR

BACKGROUND

Perinatal Nurse, Sharie Schwab, delicately places a newborn in the new Giraffe Incubator. Despite the ups and downs that come with life as a perinatal nurse, the nurses at Kelowna General Hospital wouldn't change their job for the world. Schwab says that nurses cherish the role that they get to play in a family's birthing story and happily embrace the responsibilities that come with that.

PERINATAL UNIT HEART OF PERINATAL

In March 2016, KGH opened its doors to the most advanced perinatal unit in the Southern Interior region and with it, a new 'home' for the many doctors and nurses who specialize in perinatal care.

Donations to the KGH Foundations 'Giving Giggles' campaign have enhanced the standard of medical care that staff are able to provide on the unit through the purchase of life-saving equipment and patient care items. For the nurses, the donations have been almost revolutionary in their work as family-centered care has been a chief goal in the transition into the new space.

"The changes that have come for our unit have been huge. The babies and their families have more space and privacy," notes Sharie Schwab, Perinatal Nurse Educator at KGH. "Now we have lots of single rooms, so the exhaustion of patients has decreased and the family togetherness has increased. Dads are supported at the bedside in postpartum. Even if the baby is in the NICU (Neonatal Intensive Care Unit), we have the ability to bring a bed for Mom to stay right beside her baby, which is a huge support for both of them."

Schwab's counterpart in the NICU, Bonnie Wilkie, agrees. "As staff nurses, we are very grateful for the support that we get from donors. When we are requesting equipment, it's because it makes a difference for babies and families, and therefore for us. I can tell you that when a family feels safe and cared for, our job is much calmer as well."

The hospital environment can be overwhelming for a baby who has come from the comfort of his/ her mother. Studies have shown that family-centered care positively impacts family functioning. Mothers report increased closeness to their babies, less stress and increased feelings of comfort and parenting confidence.

As a neonatologist, Dr. Jill Boulton helps care for babies who are less than 28-days-old and newborns. For more than 30 years, Dr. Boulton has been working in this subspecialty of pediatrics and every day brings new challenges and new triumphs.

"I think the most important change for babies and families is the way that we care for them. It's so much gentler than it used to be," explains Dr. Boulton. "We're acknowledging that, yes we need to ventilate a baby to give them enough oxygen to keep them alive, but while we're doing that, we're making sure that they're very comfortable and in a nested position, trying to recreate the uterus in terms of the baby being very tucked in and calm."

Each and every day, medical staff at KGH go above and beyond for their tiny patients. "They are the most amazing people I have ever met," says Stephanie Garrison, whose son Tanner spent 3-weeks in the NICU at KGH.

"They were happy and smiling and when you're in a dark place, you need that little bit of light. That little baby is our whole world. These people impacted our life more than they will ever know."

PERINATAL UNIT
TINY MIRACLES

It isn't unusual for expectant moms to feel a rush of emotions when 'the time has come' and labour upon them; excitement, nervousness, anticipation. But on May 8, 2016, when Stephanie Garrison learned that her baby was about to be born, she felt a sinking feeling in her gut. At only 34 weeks gestation, her son would be born preterm. There was nothing that anyone could do to slow labour down. The on-call doctor told Stephanie and her husband, Joe, what to expect. "I've never been that scared in my whole life," recalls Stephanie. "All you want is for your baby to be OK. It felt like a nightmare."

While not all premature babies experience complications, being born too early can cause short and long-term health problems for preemies. Generally, the earlier a baby is born, the higher the risk of complications. Birth weight plays an important role, too. While every baby born represents a tiny miracle, when babies are born early, it is the access to state-of-the-art equipment and an uncompromising standard of care and that can truly be the difference in these infants' lives.

In March 2016, KGH opened its doors to the most advanced perinatal unit in the BC interior. Celebrated by both staff and patients for its abundance of patient and clinical care space, natural light and gorgeous views from post-partum rooms, the unit represents a major leap forward in healthcare delivery in the region. Categorized Level 2B, the Neonatal Intensive Care Unit (NICU) at KGH is able to care for acutely ill and premature infants born as young as 30 weeks. For parents like the Garrison's this is somewhat of a silver lining to an incredibly difficult situation, as they are able to remain in Kelowna rather than being sent to the BC Women's Hospital in Vancouver.

Baby Tanner was delivered via c-section. Two hours after surgery, Stephanie was finally able to meet her son. By then, Tanner had been placed in an incubator was already connected to a sophisticated NICU system monitoring his heart rate, oxygen level and other vitals. To his mom, it just looked like a lot of cords. "Overwhelmed and intimidated, I almost fainted," she says. "I was weak from surgery and barely able to stand. But the nurses helped me into a Kangaroo Chair, which made the experience so much easier. It was the most amazing feeling, holding him for the first time."

Kangaroo Care Chairs are specialized recliners that allow parents of premature infants to snuggle their tiny baby's skin-to-skin, and most importantly, intimately bond with their child. A total of fourteen have been made possible for use in the NICU at KGH by gifts and donations to the KGH Foundations 'Giving Giggles' campaign this past holiday season.

"The Kangaroo Chair was the most amazing thing for us in the NICU," remembers Stephanie. "Without this chair, I would have only been able to hold him for 30 minutes at a time. This way I could actually lay back and hold him for hours and hours... I never had to leave. This was monumental for us in his recovery and for my emotional state."

"Having a baby isn't easy and having a baby that needs extra care is even harder. Being able to have so much privacy, the Kangaroo Chair, the monitoring system, and the most amazing people I have ever met helped calm so many nerves. I hope donors know the impact they have made on so many lives."

"My son is beautiful and perfect, and we are so grateful."



PERINATAL UNIT
CENTRAL CARE MONITORING

Who would have thought that less handling by a health-care professional in a hospital could be considered a good thing? Well, that’s precisely the goal of the nurses and doctors in the new Perinatal Ward. Their reasoning is surprisingly low-tech, despite the incredibly high-tech surroundings that make it possible.

Thanks to the generous support of the community and the legions of volunteers at KGH who have contributed to the Giving Giggles campaign, the hospital boasts a state-of-the-art facility in the Interior Heart & Surgical Centre that strengthens the ever-so-crucial personal touch in the maternity ward.

The limitations of the old ward meant that most at-risk newborns had to make the journey to Children’s Hospital in Vancouver, uprooting and sometimes dividing parents. They received exceptional care but were separated from friends and family. And at-risk infants who stayed in Kelowna needed constant handling by nurses and technicians in order to monitor vital signs and administer care.

The Priebe Family Foundation was a key supporter of the new space and provided two critical pieces of technology to ensure great care.

A new Central Monitoring System (CMS) in the Neonatal Intensive Care Unity (NICU) provides round-the-clock observation for each baby, meaning nurses can access vital information about the infant’s health from their nursing station without having to disturb them. This hands-off approach might seem impersonal, but what it facilitates is a safer, more nurturing environment for baby.

“Our new CMS allows nurses to keep watch over virtually every aspect of a baby’s health, meaning that most physical contact with the infant is by a parent or loved one,” says



Nurses using the new Central Monitoring System at KGH

Bonnie Wilke, NICU Nurse Educator. “All the contact goes towards growing and maturing the baby, which is vital for the health and well-being of newborns.”

The Hugs® Infant Security System, another donor-funded initiative, gives an added level of comfort for staff and family. Using small, Wi-Fi-based ankle bracelets every infant can be tracked throughout the hospital. This means family and friends can move freely around the ward without excessive scrutiny or restrictions, creating a more welcoming atmosphere for new families. If baby ends up some place they don’t belong the security system triggers an immediate warning and engages security staff.

All these advancements support the closer to home model of healthcare that is a priority throughout the hospital. Thanks to the generous donors in our community, patients can stay in our community and receive exceptional care in the best, most nurturing surroundings possible.

2015/2016
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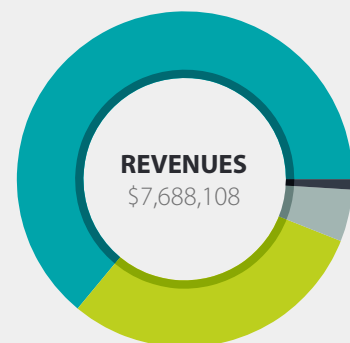


Bruce McAuliffe,
Board Chair

The KGH Foundation Board of Directors help to build strategic partnerships in the community to raise vital funds to help save lives.

FINANCIAL INFORMATION YOUR IMPACT

At the KGH Foundation we take great care with donor contributions. The KGH Foundation's operational costs are significantly lower than the national average for a foundation of our size, averaging 16% over the past 3 years.



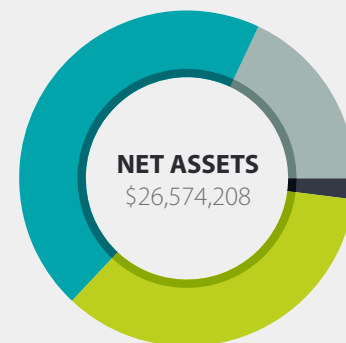
REVENUES

Donations	\$5,028,029
Auxiliary Operations	\$2,357,794
Fundraising and Other	\$364,646
Investment Income	(\$62,361)



EXPENDITURES

Donation Disbursements	\$4,325,464
Auxiliary Operations	\$1,337,283
Amortization, Administrative, Salary/Benefits	\$1,478,928
Fundraising and Other	\$453,380



NET ASSETS

Invested in Capital Assets:	\$548,102
Restricted for Specific Purposes	\$9,424,687
Restricted for Endowment Purposes	\$11,820,343
Unrestricted:	\$4,781,076

YOUR IMPACT

PATIENT CARE & COMFORTS FUNDED BY THE KGH FOUNDATION



Every year the KGH Foundation works with Interior Health to identify priority areas of need that won't receive support from government funding. Thanks to the many generous supporters throughout our community, the items listed on this page are a few of those purchased in 2015/16.

CAPITAL EQUIPMENT SELECTED ITEMS

- Portable Ultrasound
- Neonatal Cardiac Respiratory Monitor
- Endoscopic Ultrasound System
- Goldman Visual Field Perimeter Machine
- Sonosite Ultrasound
- Defibrillator
- Midas Legend Drills
- EBUS Scope
- Duodenoscope
- Ophthalmology Stretcher
- Portable Bladder Scanner
- Microscope-GI Lab
- Mediastinoscopy Instrument
- Stacked Laundry
- 4B Tub Room
- Bronchoscope Video

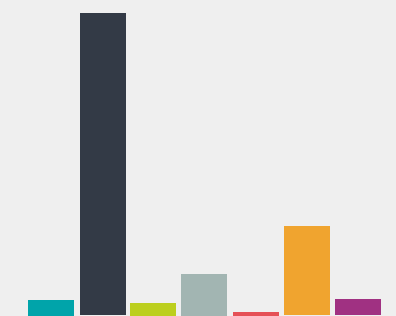
PATIENT CARE & COMFORT SELECTED ITEMS

- Sensory Equipment
- Infant Incubator Accessories
- Hip Height Arm Chairs
- Car Seats
- Sit-to-Stand Chair
- Bedsides Tables
- Bernard Garden Project
- Walk of Memories
- Wheelchairs
- Recliner Sofa & Rockers
- Cuddle Cot

IHSC SELECTED ITEMS

- Eurology Imaging System
- Hybrid Operating Room
- Ortho Trauma Surgical Table
- Neurosurgery Microscope

DONATION DISBURSEMENTS \$4,325,464



Take Care Take Part Capital Campaign	\$150,000
Interior Heart & Surgical Centre 'Be a Lifesaver' Capital Campaign	\$2,670,531
Perinatal 'Giving Giggles' Campaign	\$136,515
Gift In Kind Donations	\$375,558
Medical Education, Bursaries & Scholarships	\$44,651
Capital Equipment and Patient Care & Comfort	\$792,281
Other Funded	\$155,928

PRICELESS VOLUNTEERS MAKE A DIFFERENCE

There's a saying: Volunteers don't get paid, not because they're worthless, but because they're priceless.

This is certainly true for the volunteers who share their time and energy at KGH. Though we can, actually, put a dollar figure on their contribution: an incredible \$882,989 in 2015/2016.

These funds are generated through various Social Enterprises both in the building and the community, among them the Perking Lot, Royal Bistro, Centennial Mercantile, and the Rutland Thrift Store.

These businesses all exist because a remarkably dedicated and capable group of individuals have agreed to come together for a common cause under the guidance of Nancy Wells, Business Enterprise Manager for KGH.

These hands-on philanthropists take great pride in the financial contribution they make to the hospital, but they also understand they're providing an important source of comfort to their customers.

Just ask Ros Ellett, one of the steadfast volunteers who has virtually

turned her commitment to the hospital into a fulltime job. A retired nurse, Ros wanted to make connections in the community and decided volunteering at KGH was the best fit.

Fifteen years and hundreds of cups of coffee later, Ros has become a fixture at the hospital's famous java stop, The Perking Lot. She cherishes the opportunities she and her fellow volunteers have to make a positive impact: for staff, patients and loved ones who come to visit.

"We want to be an oasis in the middle of a very busy hospital for people who are often in the midst of a very stressful situation," says Ros.

So they share a smile, some laughter, and some caring compassion for the people who come to them for more than just a cup of coffee.

Beyond the comfort, all those smiles and hot beverages have made a significant, tangible impact on the hospital.

Proceeds from these social enterprises resulted in a \$1.6 million donation to provide a CAT Scanner for the Emergency Ward. A further \$1 million was donated to the Giving Giggles campaign in support of the state-of-the-art Perinatal Ward. The funds they've donated over the years have provided countless priority medical needs in the hospital. We can measure their financial contributions, but their presence at the hospital is truly priceless.



Volunteers contributed \$882,989 in 2015/2016!



PATIENT NAME

Ros Ellett

OCCUPATION

KGH VOLUNTEER,
THE PERKING LOT

PATIENT BACKGROUND

Ros Ellett has made volunteering her fulltime job. Over the past 15 years Ross has become a fixture at The Perking Lot at KGH, serving up hundreds of cups of coffee and thousands of smiles.

KGH QUICK STATS



75,000
EMERGENCY
DEPT. VISITS

12,808 EMERGENCY DEPT. VISITS
ADMITTED

1,654 NEWBORN ADMISSIONS

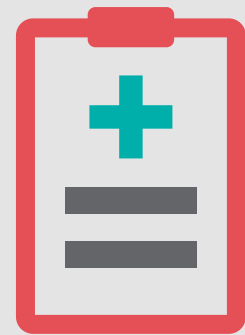


1,602
MOTHERS
DELIVERED AT KGH



400
INPATIENT
BEDS

8,482 SURGICAL INPATIENT DISCHARGES



21,535
TOTAL
ADMISSIONS

24,433  **SURGICAL
DAYCARES**

KGHFOUNDATION
together we change lives

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Kelowna, BC V1Y 1T2
t. 250.862.4438
kghfoundation.com