



2021/22 ANNUAL **IMPACT REPORT**

KGH FOUNDATION

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We humbly recognize and acknowledge that the KGH Foundation operates on the traditional, ancestral and unceded territory of the syilx people.

A MESSAGE FROM THE CHAIR

THE LITTLE ENGINE THAT COULD

On behalf of the Board of Directors, it is my honour and privilege to share the KGH Foundation 2021/2022 Impact Report with you. Despite being one of the most tumultuous we have experienced as a society, it has been a record year. Over \$13 million was given by this community in support of healthcare right here in the southern interior of BC.

I can't help but think of *The Little Engine that Could*, that story we all know, the one we read to our kids when they are little to help teach them about optimism and perseverance. No one stopped to help the little engine, so she made up her mind to overcome that big hill all by herself. But unlike the little engine, we are not doing this alone. More than ever, we are proving that we are a 'little' community that can, and that generosity is how we prevail.

The pandemic revealed the limitations of the current system. And it also showed us what we CAN do. Innovate rapidly. Develop partnerships. Pivot and implement changes in care. Embed virtual care and technology to help reach rural areas. It revealed the value of other industries and disciplines in the delivery and support of healthcare. It showed us, once again, how good we are at supporting one another when we need it the most.

We continue to learn that the two most powerful catalysts for change are the belief that change is possible, and the courage to try.

I hope you enjoy learning just how your gifts this year have enabled medical excellence, collaboration and a fundamental



commitment to supporting the people that deliver healthcare, and the patients that benefit, at Kelowna General Hospital and in our communities.

Every day, despite all the challenges they face, people – patients, families, doctors, nurses, caregivers, community care providers, advocates for the most vulnerable, and you – try. Like the little engine, you're not giving up. And neither are we.

On behalf of the Board of Directors, I am grateful to everyone who has given to the KGH Foundation over the past year.

Thank you for being such a special part of our little engine that can, and does, accomplish big things.

Kyle Recky

Chair, KGH Foundation Board of Directors



VOLUNTEER GIVING

THE GIFT OF TIME

“We have volunteers ranging from 14 to 85 years young.”

- Nancy Wells

“Our volunteers come to us for many different reasons,” states Nancy Wells, Senior Director of Business Enterprises for the KGH Foundation. “But primarily to make this world a better place.”

And that, they do.

The last general survey on volunteer activity in Canada indicated that over 24 million people volunteered, dedicating approximately 5 billion hours to their volunteer activities, the equivalent of over 2.5 million full-time, year-round jobs.¹

Generational differences exist in participation, the number of hours given, and the types of volunteer activities carried out. Formal volunteering is more frequent among young generations but the senior population (born between 1918-1945) contributed the most average hours per year, at 222. In contrast, IGens (born in 1996 or later) gave on average 82 hours, and Millennials were more likely to be informal volunteers for one-off events.

KGH FOUNDATION VOLUNTEERS: IN A LEAGUE OF THEIR OWN

KGH Foundation volunteers are unique amongst the above demographics. Our more senior volunteers (in age) give over

1,500 hours on average during their tenure, which can be about four years. “Over the past 15 years, many have given four, five, and in some cases, in excess of six THOUSAND hours, with many staying in their volunteer positions for over 20 years,” shares Nancy.

“We ask our volunteers to commit to 100 hours of time in one of our Business Venues – the Royal Bistro, Perking Lot, Gift Shop, and/or the Rutland Thrift Store,” Nancy continues. “Even our youth volunteers give, on average, over 300 hours before they leave us to pursue other goals.”

KGH Foundation volunteers give their time for many reasons - to build relationships, to extend gratitude to the hospital, and to enhance their education or career path. For every reason, we appreciate how our volunteers make genuine connections and experiences for themselves and everyone they help.

For the 2021/22 fiscal year, KGH Foundation volunteers within the Business Venues contributed approximately 99,150 hours and assisted in the raising of \$2,205,820.65 for the Foundation. There are also the hundreds of volunteers who, over the years have given their gift of time at KGH Foundation events, working alongside staff to assist with event

planning and execution – helping to ensure our events are successful in their fundraising goals.

“We must also recognize the volunteers who may not directly raise funds,” says Nancy. “Their jobs are equally important. Our JoeAnna’s House volunteers contribute their time and compassion to support our out-of-town guests. Our volunteer members of the KGH Foundation Board of Directors and various Committees give their skills, knowledge, and expertise to support the Foundation in its efforts to bring world-class healthcare closer to home.”

Nancy puts it simply, “We would be lost without our volunteers. We thank them every day for giving of themselves, for being who they are as people, and we are grateful for their contributions.”

¹Hahmann, Tara. April 23, 2021. Insights on Canadian Society. Volunteering counts: Formal and informal contributions of Canadians in 2018. Statistics Canada.

99,150

Hours volunteered in
(2021/22 fiscal year)

300

Volunteers under the KGH
Foundation umbrella

\$2,205,820

Translated dollar amount
for hours volunteered

ROYAL BISTRO



Lucy Poitras (pictured left) has been a volunteer with the KGH Foundation for over three years, logging almost 1,200 hours and loves her three shifts a week in the Royal Bistro.



Reegan Forsyth (pictured right) has been a volunteer with the KGH Foundation for over four years and has logged 1,046 hours with the Royal Bistro. He's writing his MCAT this summer with his sights set on medical school.

EXCELLENCE IN NEUROLOGY

ADVANCING DIAGNOSTICS FOR ALS PATIENTS

Imagine you are eating lunch and suddenly struggle to chew. Or start to feel weak in muscles that have always been strong. Or start to feel unsteady and off-balance while walking.

All of these symptoms might indicate a neuromuscular degenerative disorder such as ALS (Amyotrophic Lateral Sclerosis, also known as Lou Gehrig's disease) or Myasthenia, a chronic autoimmune, neuromuscular disease.

Electromyography (EMG) is a specialized diagnostic procedure used to assess the health of muscles and the nerve cells that control them (the motor neurons). EMG results can reveal nerve dysfunction, muscle dysfunction, or problems with nerve-to-muscle signal transmission. Being able to access EMG, and the neurodiagnostic specialists who operate them, has a huge impact for those patients who are struggling to understand what is happening to them.

Dr. Daniel Fok is a neurologist at Kelowna General Hospital (KGH). Together with his team in Neurodiagnostics, he performs hundreds of EMG procedures for patients every year. And yet more is needed.

Until earlier this year, there were 230 patients on the KGH lab waiting list for nerve conduction studies, with an eight to twelve-month wait for routine diagnostic studies. Dr. Fok and his team were working frantically with two aging EMG systems, both reaching the end of their ability to be serviced.

"KGH is the EMG regional hub and had limited access for urgent patient nerve conduction studies because we had only one machine that produced reliable results for critical diagnostics," explains Dr. Fok. "A delay in diagnosis has very poor outcomes for patients."

Without conclusive diagnostics, standard care and medications cannot be administered, causing significant stress and extreme discomfort for patients, who might need to endure a long stay in hospital, or worse.

Reducing wait times is always a goal in healthcare, and in this case, it can have a huge impact for patients suffering with early neurodegenerative disorders.

"We desperately needed to replace our existing EMG systems to alleviate the need for patients waiting in hospital for more than a week," says Dr. Fok. "Troubleshooting the aging equipment added precious time, frustration, and unnecessary stimulation for the patients, as we'd have to repeat tests to ensure accuracy."

How timely, then, that a KGH Foundation donor had left an estate gift that was just the right fit. The estate gift provided the funds needed to replace the two aging EMG systems in early 2022, putting the regional hub for EMG back on track to provide excellence in patient safety and patient-centered care.

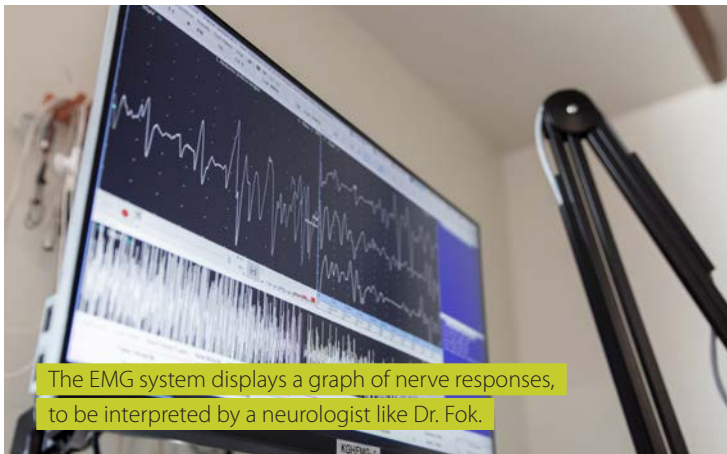
"We went from being able to test five to six patients per day to nine to ten once we had the two new EMG systems," says Dr. Fok. "This incredible gift has had a significant effect on patients waiting for testing, reducing undue stress, discomfort and morbidity for urgent and semi-urgent cases."

"Inpatient study wait times have also been reduced and we are now ahead of last year's studies by 39 cases," adds Dr. Fok. "We're also able to accommodate spots for questions about ALS, Myasthenia and other diagnoses, without significantly impacting the rest of the waiting list."

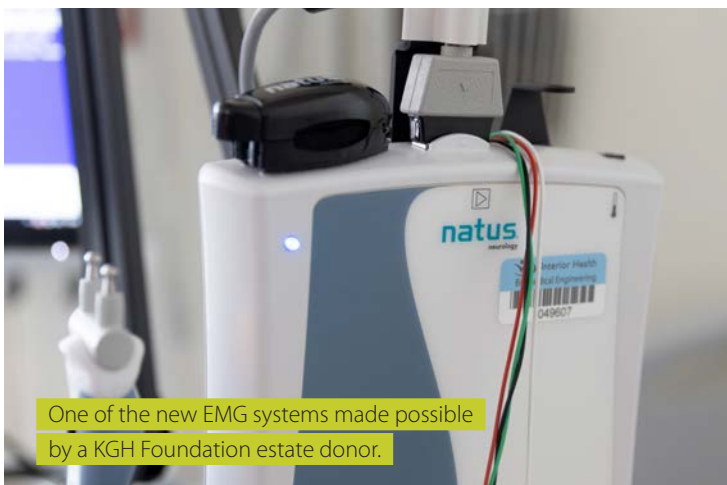
Supporting Brain Health: Through its 2021 Season of Giving Calendar initiative, Sunrise Rotary Club of Kelowna raised \$51,500 to purchase a Brainz Monitor for the KGH NICU. The monitor provides data and insight into serious conditions including seizures and intraventricular hemorrhage in our littlest patients.



Using the EMG system probe to provide a stimulus in order to elicit a nerve response.



The EMG system displays a graph of nerve responses, to be interpreted by a neurologist like Dr. Fok.



One of the new EMG systems made possible by a KGH Foundation estate donor.



(L to R):
Madeline Harrison, KGH Diagnostic Neurophysiology Technologist,
Dr. Daniel Fok, KGH Neurologist,
Georgia Vautour, KGH Diagnostic Neurophysiology Technologist
with one of the new EMG systems.

JOEANNA'S HOUSE

BACK-TO-BACK NICU BABIES

"The feeling that your body is failing you and your baby is something I can't even describe. Then, seeing your three-pound baby struggle to take his first breath is something I will never forget," shares Elizabeth.

In March 2022, Vernon resident Elizabeth McLachlan underwent an uncomfortable sense of déjà vu as she prepared to deliver her third child, Oliver, six weeks early. Just thirteen months prior, she had delivered her second child, Carter, seven weeks early. In both cases, she delivered her babies in the care of the Kelowna General Hospital (KGH) and stayed at JoeAnna's House while the newborns grew stronger in the NICU.

"I had some scary complications early in my pregnancies which led me to spend a significant amount of time in the hospital," shares Elizabeth. "Early (at 27 weeks) in my second and third pregnancies, I needed medical intervention and was airlifted to BC Women's Hospital & Health Centre in Vancouver to stop preterm labour from progressing. At 30 weeks in both pregnancies, I was able to be safely transported closer to home at KGH where I delivered Carter (in January 2021), and then Oliver (in March 2022)."

Carter and Oliver each spent 25 days in the NICU. And both times, JoeAnna's House was there for Elizabeth and her family.

"Before my stays at JoeAnna's House, I had spent multiple weeks in the hospital on the antepartum unit. Coming to JoeAnna's House was wonderful – it truly is a home away from home," reflects Elizabeth.

Both babies were born fighting for their lives, requiring intubation and specialized breathing support on advanced equipment, much of which has been funded by the generosity of donors and the KGH

Foundation's Giving Giggles campaign in 2016. Elizabeth spent long, stressful days in the NICU but she knew that JoeAnna's House was right down the street, ready with everything she needed to be comfortable when she was ready to come "home".

"It was a blessing not having to stress about being close to my babies when they needed me," Elizabeth confides.

Not only does JoeAnna's House provide comfortable accommodation, but the staff and other guests provide compassion, connection, and emotional support. "I heard so many different stories from fellow guests and having people around me who were also displaced from home and family, who were also seeing loved ones struggle, made me feel less lonely," shares Elizabeth.

She continues, "I stayed with a couple of other NICU parents who I connected deeply with. It was so helpful being able to share our experiences and sometimes even cry together."

Because of KGH Foundation donors, JoeAnna's House is there for families like Elizabeth's – a safe, comfortable and reliable home away from home to support out-of-town families caring for loved ones receiving advanced medical care at KGH.

"To the donors who generously give to JoeAnna's House, the impact you have is incredible," says Elizabeth. "You provide families like mine a sense of peace, somewhere safe and relaxing to stay when we really need it. Allowing me to fully focus on my babies was truly a gift.

We will never forget the support we were given. From all of us – thank you."

1,663

Guests stayed at
JoeAnna's House
in 2021/22

1,060

Families stayed at
JoeAnna's House
in 2021/22

Bands, BBQ, Beers, and Balding (BBBB) is an annual event brought to life by Kelowna resident Bernie Ryan in 2015. The event draws in loyal donors to support the KGH Pediatric Unit and JoeAnna's House. In 2021 alone, despite the pandemic, the event raised a record-breaking \$31,447 for families in need.



“We will never
forget the
support we
were given”.

McLachlan Family // Clinton, Elizabeth, Tyler, Carter and Oliver



Darrell and Margaret with a photo of themselves with their two sons, taken during the KGH Foundation's campaign for electrophysiology in 2018.

LEGACY GIVING

FROM HEART TO FINISH

Margaret and Darrell Porubanec have been part of the KGH Foundation family for 20 years.

Margaret and Darrell Porubanec have been part of the KGH Foundation family for 20 years. To say they are special would be an understatement. If you are fortunate to meet them, you will feel the gentleness and the wisdom in Darrell's brown eyes, and the spunky enthusiasm in Margaret's sparkly blues. They are the embodiment of generosity, from "heart" to finish.

Indeed, it's fair to say they are literally, alongside our medical teams, at the heart of Kelowna General Hospital.

Since their first gift to the KGH Foundation in 1996, healthcare philanthropy has intrigued the Porubanees.

In 2008, a close family member experienced a significant cardiac medical emergency. The experience and the care they received at KGH inspired the Porubanees to include a gift to the Foundation in their Will.

Like hundreds of interior cardiac patients every year, the Porubanec's family member had to be transported to Victoria for initial treatment and diagnosis, as the southern interior and KGH did not have electrophysiology services.

In 2013 Darrell was invited to join the leadership team of the Foundation's \$12 million Be a Lifesaver Campaign for the new Interior Heart and Surgical Centre (IHSC) at

KGH. And he heartily accepted! With strong business acumen, a professional designation in wealth management, and a humble desire to give back to his community in a meaningful way, he became a driving force in the campaign's success. In 2015 the IHSC officially opened.

Finally, in 2019, the opportunity to bring electrophysiology and advanced heart rhythm services to KGH, and effectively complete the cardiac program in the interior arose, and the Porubanees were there, on a mission to bring world-class cardiac care to KGH. Together with their sons, the Porubanees provided the lead matching gift for the 2019 Day of Giving, inspiring the community to give over \$1 million in support of electrophysiology at KGH.

These gifts only skim the surface of the depth of the Porubanees' extraordinary generosity and support of Kelowna General Hospital and the Foundation.

Darrell's contributions and high degree of engagement in several fundraising campaigns were more than enough for an invitation to join the KGH Foundation Board of Directors in 2016. He accepted and the Foundation has benefited profoundly from his expertise and dedication as he moved from Director to Vice-Chair and eventually, Board Chair. In addition to his responsibilities as Board Chair, which are significant,

both Darrell and Margaret can often be found volunteering at Foundation events throughout the year.

Whenever the KGH Foundation calls, and sometimes even when we don't, this hard-working and down-to-earth couple are there.

"Darrell and Margaret will forever be dear friends of the Foundation," says Allison Ramchuk, CEO of the KGH Foundation. "They are caring and humble and give so much of their time for the well-being of others. We are so grateful for the people they are, for their exceptionally giving hearts, and for our special relationship that has blossomed over the years."

"In 1996, we were in our early 40s and we made a conscious decision to donate to healthcare. We set aside under \$1.50 per day for the year to make our first gift of \$500," shares Darrell. "We've been able to give more over the years and we are so happy with what we have been able to contribute to healthcare in our community."

This year, Darrell completed his term as Board Chair but thankfully remains on the Finance & Administration Committee.

The family has surpassed an incredible \$1 million in lifetime giving to the KGH Foundation and our heartfelt gratitude goes out to them.

RIGHT HERE AT KGH – ELECTROPHYSIOLOGY CAMPAIGN UPDATE

THE PULSE OF A NEW HEART PROGRAM

A lot can happen in two years. And for once, we're not talking about COVID-19.

Two years ago, thanks to the generosity of KGH Foundation donors, advanced heart rhythm services and electrophysiology (EP) were officially added to the suite of cardiac procedures performed at Kelowna General Hospital (KGH), establishing KGH as the regional hub for cardiac care.

And thanks to the continued support of the community, the pulse of this heart hub continues to beat strongly.

"Our electrophysiology program is rapidly expanding, not only with the volume of patients accessing our services but with the introduction of increasingly complex procedures," explains Robyn Gopen, Program Director, IH Cardiac Services. "Patients can now receive Micra Leadless Pacemakers, Epicardial Access VT Ablation procedures, Subcutaneous ICD Insertions and Left Bundle Pacemakers, right here at KGH."

The dynamic electrophysiology team - physicians, a nurse practitioner, a coordinator, nurses, anesthesiologists, anaesthesia assistants, medical radiation technologists, electrophysiology technologists, and support staff - continues to grow and provide excellent care to patients experiencing heart rhythm challenges.

In two years, 1,086 cardiac surgeries have been performed and 7,348 procedures have taken place in the KGH Catheterization (Cath) Lab.



In two years, 577 electrophysiology procedures have taken place and 283 device procedures (including ICD) were completed.

"We are aligned with the same calibre of care delivery as larger tertiary sites," says Robyn proudly. "Early identification and referral by medical providers, support through the Interior Health Heart Rhythm Clinic team, and the highly dedicated and skilled staff in the Electrophysiology Lab have made the Marshall Eliuk Cardiac Interventional and Advanced Heart Rhythm Program what it is today."

Over \$5 million in donations have been disbursed over the past two years to ensure that cardiac care and electrophysiology at KGH are at the top of their game. Not only did this funding build and outfit the new EP lab at KGH, it allowed for the acquisition of life-saving cardiac equipment including Lifepak 15 Defibrillators for the KGH Cath Lab and Cardiac Surgery areas, accessible exam tables, blanket warmers, a LUCAS Chest Compression System, and more.

In two years, hundreds of patients have received treatment closer to home, hundreds of lives have been saved, and your gifts have made an extraordinary difference for thousands of people in our region.

Giving changes everything.

Stride and Glide for KGH is a unique winter fundraising event run by the Kelowna Nordic Ski & Snowshoe Club. Together with a committed team of volunteers, the organizers inspired the community to raise over \$50,000 for the KGH Foundation in support of cardiac care.

FUNDRAISING EVENTS - UPDATE

TOGETHER, WE DO SO MUCH

It is far too easy to adapt and take the extraordinary for granted. Often, it's not until you lose something that you realize just how important it was and how much you valued it.

When the COVID-19 pandemic essentially halted all in-person community fundraisers, it became abundantly clear to us how crucial they were, not only for fundraising but also for a strengthened sense of community and togetherness. Thankfully, this year saw the return of so many incredible events that raised much-needed funds, in addition to bolstering existing relationships and fostering new ones.

The remarkable individuals who organized, sponsored and participated in events this year truly made it one to remember. We at the Foundation felt a renewed sense of appreciation and gratitude for all of the effort that goes into not only fundraising but also the community-building role that these events play. We extend a heartfelt thank you to those who dedicated their time and efforts to make our community stronger.



April 2021

Friends of Zander
KGH Foundation Day of Giving

May 2021

Aviva Studios: Spring, Mother's and Father's Day Photo Shoots
In Honour of Maureen Crowley Fundraiser

June 2021

Father's Day 2nd Annual Touch Rugby Game
Bands, BBQ, Beers and Balding (Part 1)
Wentworth Concert: The Colour Concert

August 2021

Okanagan Charity Classic Golf Tournament

September 2021

Joyce Boon : Running Club Donations
Bands, BBQ, Beers and Balding (Part 2)

October 2021

KGH Foundation Better Together Day
Ruby's Radwicked Designs

November 2021

Season of Giving Calendar (Kelowna Sunrise Rotary)

February 2022

Kelowna Nordic Stride & Glide for KGH

\$1,148,281

Raised through fundraising events to advance healthcare for the southern interior region.

MEMORIAL GIVING

LIKE A ROCK: REMEMBERING JOHN

Be it an old radio crackling out a beloved rock tune or a chance encounter that reveals a touching commonality, sometimes it is the most ordinary things that have the greatest impact.

John Hemmett was often referred to as a gentle giant. An incredibly resilient, strong man, with the kindest heart, he was his family's rock. One could count on John for pretty much anything.

Tragically, John contracted COVID-19 early last summer. His family found themselves sitting outside his ICU room during what would become John's final days. His wife, Sarah, wanted to ensure that even in the ICU, he felt at home.

"I asked if there was a radio available so that John could listen to music," explains Sarah. "The nurse ran around frantically trying to find a radio. She returned with one that was so old it crackled, a lot," laughs Sarah. "Regardless of the radio's condition, I could see that when John heard his favourite rock songs, he forgot about struggling to breathe. Something so simple had such power to transform his experience. They say music is the soundtrack of our lives, and I think those rock songs transported him to another place, another time, when life was good and he was free."

When John passed away on June 28, 2021, his family wished to create a legacy in his name that would ensure his gifts of strength, love,

and support lived on. Having seen first-hand the radio's impact on her husband, Sarah was convinced that all ICU patients would benefit from a radio to provide a much-needed escape, just as it did for John. "Music soothes your mind and can help heal your body," explains Sarah. The front line staff working in the ICU agreed.

In lieu of flowers, Sarah asked that memorial gifts be made to the KGH Foundation in John's name. The gifts would be enough to support the purchase of Bluetooth radios for some, but not all, of the 21 patient rooms in the ICU. In support of her effort, the ICU staff submitted an application for a KGH Foundation PFCC (Patient & Family Centred Care) Grant to fund radios for the remaining ICU rooms, plus a few extras for backup.

"John's memorial gifts inspired the ICU staff to apply for KGH Foundation funding to acquire enough radios for all patient rooms, as they could see firsthand the positive outcomes that the healing sound of music can bring," says Melina Moran, Director of Grants for the KGH Foundation. "These memorial gifts have created a special legacy within ICU that will touch many lives to come."

In fact, it already has.

"Several months after John passed away, a young mother I know named Chelsea ended up in the ICU at KGH, also with COVID-19," reveals Sarah. "She shared the most amazing

story. The doctor in the ICU was thinking they would have to intubate her when Chelsea began to really struggle. Her nurse asked if they could wait, and turned on one of the radios purchased in honour of John. Brian Adams was playing, Chelsea's favourite artist. She felt that it is what brought her through."

Chelsea was never intubated, recovered, and made it home to her young daughter.

Sarah and Chelsea continued their conversation, discovering another incredible coincidence. "Chelsea told me that the nurse who put on the music was named Kristan," says Sarah. Kristan also had been John's nurse in the ICU, including on the day he passed.

"She was the last person to care for John," says Sarah. "She told me that she had never seen anyone wait like John did for me to get to the ICU. He passed 20 minutes after I arrived. Her words have never left me and it brings me comfort knowing that John wouldn't leave until I was with him."

Through an emotionally exhausting night and revealing conversation with Chelsea, Sarah found solace knowing that perhaps John's passing had helped save someone's life.

"John would do anything to help someone. He was the most genuine and caring person I have ever known and I am honoured to be his wife," says Sarah.

PFCC Grants are open to any Interior Health or medical staff from the Central Okanagan region to submit an application for a proposal that supports the advancement of patient and family-centered care.

“Music soothes your
mind and can help
heal your body.”

- Sarah Hemmett



Sarah & John Hemmett

YOUR SUPPORT

MEMORIAL GIVING

The KGH Foundation is honoured to have received gifts in memory of those listed below in the last fiscal year.

Harry Adcock	Kristina Chase	David Gould	Soren Lemche	Bill Pires	Douglas Samuel
Martina Albrecht	Sherry Clarke	Douglas Gow	Sharon Leveque	Frances (Fran) Maryann Pirie	Stranaghan
Robert Dennis Allenby	Stanley Clifford Klassen	Frank Graham	Gloria Jean Lind	Ellen Pointer	Anita Stremel
Shirley Anderson	Deborah Lynne Cochrane	Juergen Grau	Philip Little	Dr. F.D. Pollock	Ron Sulz
George Aquilon	Rose Marie Cross	Maureen Gray	Paul Longo	Carmela Pomponio	Malcolm Sutherland
Kerry Armit	Catherine Cullen	Lynne Green	Jessica Lough	Tom Presnail	Sharon Darlene Swanson
O Leslie Armstrong	Onofrio Curatolo	Marlene Mae Gross	Christy Luke	Walter Prochnavy	Chester Szarko
Vivian Assels	Emerson Curran	Kenneth Van Haar	Wendy MacArthur	Elizabeth Pugh	Beatrice Taiji
Cal Bachelder	Walter Dachwitz	John (Jack) Hamer-Jackson	J. Kathleen Mair	Rodney Rath	Sachiko Tanaka
Dorothy Ball	Jim Dalgliesh	Dean Trevor Hamm	Jack Malish	Catherine Rawson	Yukihisa Roy Tanaka
Linda Barclay	William Harold Davis	Henry Han	Valorie Sandra Annette Mamel	Bernhart (Ted) Rayner	Maria Teglassi
Richard (Dale) Bassingwaighte	Shawn Dawson	Alf Hanet	Ernie Mandrusiak	Glen Rea	Lou Thibodeau
Bob Bastian	Daniel Deck	Jim Hansen	Ruben Mantler	Bernard Jerome Redman	Gordon Kenneth Thomson
Brenda Battershill and Alex Galloway	Debbie DeLucrezio	Leila Hanson and Janet Ruberto	George and Don Marsh	Dorothea Reimche	William Thorne
Sandra Michele Beamish	June Demcheson	James (Mickey) Hassell	Lulu Mayan	Lloyd E. Reiner	Dianne Tichelaar
Otto Beger	Richard DePatie	John Hemmett	Chris Mayers	Ian Rennie	George Tinling
Ed Bengert	Victor Desaulniers	Robert Hepburn	Leona McDuff	Gladys Retzlaff	Mark Titterson
Nick Benyk	Paul Devlin	Robert Hicks	Heather McFayden	Valerie Ritchie	Raymond Tollefson
Helen Berarducci	Larry Diduck	Ed Hoffman	Dolly Metcalfe	Bert Robertson	Wren Bidney Torgerson
Lillian "Janet" Bergen	Ed Dieno	Susan Hohne	Verna Beverley Michel	Judith Robertson	Diane Trail
Dianne Jane Birkby	Erwin Ditz	Mae Hunter	Douglas Edward Miller	Weston Ross	Glenys Marie Tudge
Terri Lee Birker	Don Dobson	Mary Anne Hurren	Murray Mitchell	John Lancelot Rumble	Betty Vanstone
Sylvia Blanchard	Janis Dodman	Jerry Illig	Patrick Montani	Christine Ruppert	Adela Wahl
Jo Blow	Stuart Dolbel	Marianne Ingebrigtsen	Charlotte Monty	Bill Ruzicka	Eileen Walchuck
Jan "John" Bosch	Constance (Connie) Douma	Wayne Ireland	Julie Morgan	Marion Sallenbach	Donald Albert Walchuk
Julie Braaten	Lynda Dunham-Wilkie	Robert Jablonski	Donna Morris	Lawrence Sargenia	Enid Walmsley
Kathleen Diane Braid	Ralph Durst	Robert (Bob) Jagielak	John Moxon	Gary Schmidt	Jim Ward
Susan Bray	George Edgelow	Margaret Jeffels	Josef Muehlberger	Eunice Northover Schwarz	Nancy Ward
Brian Brown	William (Bill) Edgington	Madeline Jennens	Colleen Mulvihill	Jean Secord	Jack Wardill
Daryl Brown	Taryn Edwards	Dale Johnson	David Mussell	Walter (Wally) Sehn	Sharon Warmer
Donna Bryce	Gerry Ehman	Lucille Journault	Theo Neitsch	Ruth Katherine Sheppard	Adele Weber
Perry Del Buono	Beth Elder	Joan Kaminski	Holly Nevdoff	Mildred Sherstobitoff	Sharon Linda Wesa
Paddy and Kate Burke	Philip Ellwood	Joseph Kanik	Thomas Henry Newman	Shirley Sieben	Melissa Westnedge
Ken and Penny Burnett	Jenny Farrell	Werner Kapelle	Barb Nicholson and Vernon Boehlke	Donald Siebold	Peter Williams
John Burzuk and Bela Krasznai	Valerie Farrow	Adolf Kaplun	Jo Anne Nickel	Else and Jakob Grimm, Margaret and Claude Simpson	Doug Wilson
Abdul Aziz Butt	Mom, Dad and Andy Ferraro	Mary Keown	Peter Nott	Raymond Douglas Singbeil	Peter Howell Wilson
Roland Cacchioni	Sharon Fleming	Terry Kimble	Alex and Eva Novinic	Louise Sjoquist	Ulrich Witt
Lloyd William Caldwell	Karly Fraser	Richard Kiryliuk	Sylvia Nowell	Martine Sloan	Henry Witzke
Lloyd Callahan	Judith Ann Fulton	Helmut Kisser	Peter Nowicki	Annabelle Smith	Nicholas K. J. Witzke
Mienke Camerling-Kal	George Johann Funk	Barney Yoshihiko Kitaura	Jeanne Roberta O'Brien	Jane Spent	Jim Wood
Dorothy Cameron	John Gay	Stan Klassen	Ron O'Brien	Pamela Joan Staves	Marilyn Wood
Rosemary Capell	Lotti Geiss	Dwight Klimosko	Gail Osborn	Cheryl Stephens	Vera Marguerite Wood
Karel Car	Surjit Kaur Gil	Bela Krasznai	Victor Osowetski	Judith (Judy) Stephens	Catherine Woodhouse
Darlene Carson	Bhagwant Singh Gill	Shigeko Kurahashi	Elton Pachal	Barbara Stevens	Iris Woods
Doreen Carswell	Gerhard Glata	Grace Lafleche	Kerry Peterson	Wendy Joan Stevenson	Evelyn Yuzdepski
Murray Chalmers	Gisele Glover	Carter A. Lee	Michele Petit	Jane Stockell	John Zerbin
	James Good	Dr. Malcolm Leitch			Louciano (Lou) Zol
					Josef Zuppiger

YOUR SUPPORT

ORGANIZATIONAL GIVING

Community organizations who have generously donated \$500 or more from April 1st, 2021 to March 31st, 2022

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Beachtek
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Kelowna Regional Fertility Centre
Kelowna Rutland Lions Club
Kelowna Springs Golf Club
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Knights of Columbus - Father DeLestre Council 6233
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Music Heals Charitable Foundation
MW Motor Werke Inc.
My Country Garden
Nature's Fare Markets
New Leaf Physiotherapy
Newport Private Wealth Inc.
Nicola Wealth
Norelco Cabinets Ltd.

Nor-Val Rentals Ltd.
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Parkbridge Lifestyles Inc.
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Pushor Mitchell LLP
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Skaha Resources Ltd.
Sterling Rx Pharmacy
Steve Laursen Personal Real Estate Corporation
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Summerwood Retirement Resort
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Tim Hortons Canadian Tire
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Wilson M Beck Insurance
Wish Come True Society
Woolley Management

YOUR SUPPORT

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Supportive individuals who have generously donated
\$500 or more from April 1st, 2021 - March 31st, 2022

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Sheila Adams
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Diane and Edward Aizen
Lee Appleton and Melissa Berry Appleton
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Marjorie Beger
Fred and Dianna Behrner
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RJ and Lois Bennett and Family
The Families of Brad, Kevin, Steve and Greg Bennett
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June and Gus Bergh
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Larry Cochrane
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Evan and Vanessa Cooke
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 Sharon Yeast and Ronnie Stropel
 Alvin Zaharko
 Grace Zhu and De Gang Zhang

EXCELLENCE IN PEDIATRIC CARE

WHAT'S NEW IN THE KGH "CRIB"?

These days, terms like "computer simulation" or "digital simulation" are pretty familiar...but baby simulation?

Thanks to donors, Kelowna General Hospital (KGH) is the new "crib" for a very special baby.

Meet SimBaby, a simulator that looks, feels, responds, and reacts just like a live toddler. SimBaby is designed to help healthcare providers effectively recognize and respond to critically ill pediatric patients.

From its weight, sounds and movement patterns, SimBaby is an incredibly powerful training tool to help healthcare providers address some of the most common medical issues facing pediatric patients, including respiratory issues, seizures, and situations requiring intubation. Clinicians can start an IV, assess vital signs, get real-time feedback on their CPR and ventilations, and then adjust and treat as necessary. SimBaby can even cry, which can add to both the stress and the realism of the scenario.

"Children can have different physiological responses to illness compared to adults," explains Dr. Alysha Mackenzie-Feder, a KGH pediatrician. "If we can learn and practice how to more effectively recognize and respond to things like respiratory emergencies, shock, and cardiac arrest, we can improve our comfort, communication and knowledge when faced with taking care of a critically ill child."



The SimBaby has been used extensively for education and team training at KGH since the spring of 2021, when several endowments established with the KGH Foundation made its acquisition possible.

"Our first training event involved the Emergency Department, where doctors, nurses, respiratory therapists and many others participated in a simulation of a child involved in a motor vehicle accident," shares Dr. Mackenzie-Feder. "This session helped to better coordinate all of the specialties working together, raised awareness of our supporting resources, and allowed us to further streamline pediatric trauma care at the hospital."

The next training session took place in the Intensive Care Unit (ICU) where again, doctors, nurses, pharmacists, and respiratory therapists were able to practice caring for a

young child with severe asthma. Just a day later, a young child was admitted to the ICU with severe asthma, and the training was put to the test. Having just participated in the simulation event, the team caring for that child was confident and well prepared to deliver the life-saving care needed.

"These simulation events are invaluable in the education that they provide, including the opportunities to come together as a team and work on communication and crisis resource management skills when the stakes aren't as high," says Dr. Mackenzie-Feder.

The Dean and Mary Miller Endowment, the Rutland Auxiliary Endowment, and similar endowed funds make the purchase of life-saving equipment such as SimBaby possible.

"We are grateful for the donors and their endowed funds which are responsible for bringing SimBaby to us and for helping us provide exemplary pediatric care at KGH."

- Dr. Alysha Mackenzie-Feder



72,514

KGH Emergency Department
visits in 2020/21

28K+

KGH surgical day cases
in 2020/21*

*2021/22 stats not available at press time.

JoAnne Slinn, KGH Nurse and Regional Knowledge Coordinator
and Ali Reza Kardan Sani, KGH Emergency Department Nurse with SimBaby.

YOUR SUPPORT

ENDOWMENT FUNDS

The following endowments have been established to provide an annual distribution to an area of care that is most meaningful for those who created it.

550 Guru Nanak Endowment
 Adolsecnt Psychiatry Endowment
 Blenk Family Endowment
 Cancer Care Endowment
 Children's Health Endowment
 Cochran Family Endowment
 Colin and Susan Ives Endowment
 Cottonwoods Extended Care Endowment
 Critical Care Endowment
 Christine C. Lafaire Innovation Endowment
 Dean and Mary Miller Endowment
 Denis and Dorene Shepherd Endowment
 Dr. James Hector Moir and Family Endowment

Dr. Walter Anderson Memorial Endowment
 Eric Heck Endowment
 Farrar Family Endowment
 General Endowment
 George and Dora Rozier Endowment
 Giuseppe (Joe) and Maria Bianca lafrancesco Endowment
 Gregory Bennett Endowment
 James and Anna Stuart Endowment
 Jessica and Peter Blyth Endowment
 Jim and Isabella Lind Endowment
 Johanna and Eugene Helm Endowment
 John and Monica Shantz Endowment
 Kelowna Kiwanis Legacy Endowment

KGH Auxiliary Endowment
 KGH Doctors' Memorial Endowment
 Marty and Maureen Pope Eye Care Endowment in Honour of Dr. Malvinder Hoonjan
 Mary and Joseph Degrazio Endowment
 Mary Gouchee Endowment
 Mazzoli Family Memorial Endowment
 Ogden Endowment
 Patient Emergency Support and Comfort Endowment (AKA The ANGEL Fund)
 Patricia Maxine Lorraine Melley Coolahan Endowment
 Premachuk Family Endowment
 Ross Gorman Endowment

Rutland Auxiliary Endowment
 Sean Almond Memorial Endowment
 Walley and Marietta Lightbody Endowment

YOUR SUPPORT

ESTATE GIVING

The KGH Foundation is honoured to have received gifts from the estates of the following individuals in 2021/22.

Estate of Patricia Davison
 Estate of Francis Duncan
 Estate of James Eccott
 Estate of Stanley Ference
 Estate of Pearl Jakins
 Estate of Norma Jensen
 Estate of David Kerr
 Estate of Sonja and Walter Kischel
 Estate of Petra Nicu

Estate of Gregory Nishi
 Estate of Olga Pask
 Estate of Marie Penner
 Estate of Matthew William Smith Swan
 Estate of Velia Agnesa Maria Swertz
 Estate of Ann Theresa Wyshynsky
 Estate of Edeltraud Zadravec
 Estate of Gordon Ziglar

In addition to \$14.6 million in annual revenues, the KGH Foundation has also received approximately \$3.4 million in estate gift confirmations this year.

YOUR SUPPORT

LEGACY GIVING

The following donors have confirmed a deferred gift and are recognized with an engraved leaf on the KGH Foundation's Legacy Tree.

David and Deborah Adel
Catherine and Gord Almond
Fritz and Rose Altmann
Kerry and Eleeta Armit
Helen Arneson
Theresa Arsenault and Stuart Marshall
Odette Banerji
Peter Benmore
Lynda Berchtold
Joan Bousquet
Carole and Peter Bowen
Doyle and Susan Bray
Roger and Donna Brett
Bernice Brodie
Beverly Jean Busch
Maria and John Byland
Grace and Ken Campbell
Hazel and Ian Campbell
Robert and Susan Campbell
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Audrey Carter
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Jayden William Clarke
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Bill and Charlene Corbett
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Alan and Margaret Dawson
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Jessica Dichow and Tyrel Hansen
Linda Dunlop and David Dombowsky
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Randy and Janet Jones
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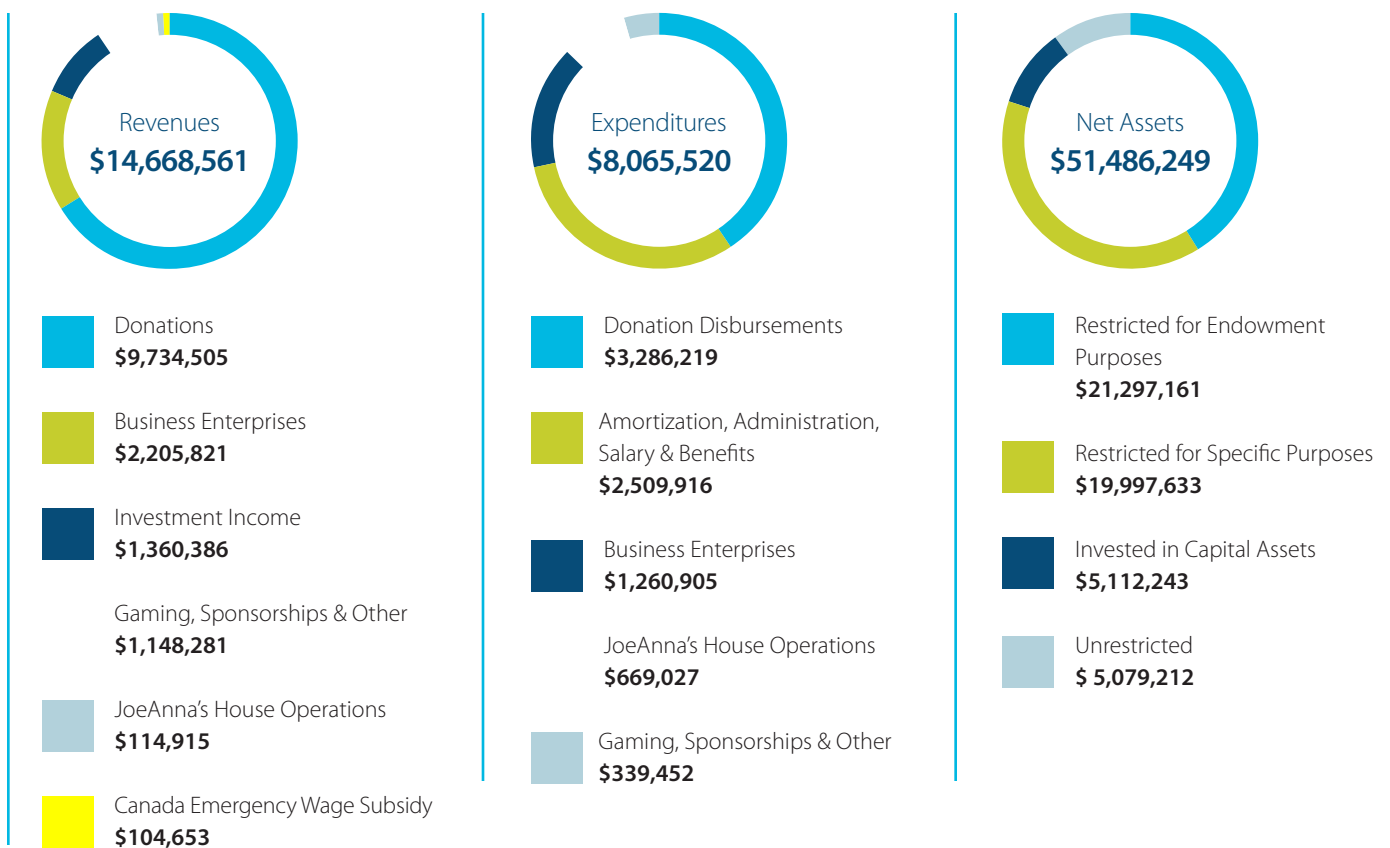
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Dean and Mary Miller
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Andrea and John Wallin
Charles Volkart
David and Priscilla Weir
Les and Santhy Yeager
Gordon and Barbara Zapf
Seymour and Joan Zidle



2021 / 2022

FINANCIAL INFORMATION



At the KGH Foundation, we take great care with your gifts. The Foundation participates in an international benchmarking program to ensure our standards for achievement are measured according to the highest industry standards.

Our current Return on Investment (an indicator of “Fundraising Efficiency” – representing the return on each dollar spent) is \$7.54. Our Cost to Raise a Dollar, the benchmarking program’s indicator of “Fundraising Effectiveness”, is \$0.13.

** Canadian Median for Fundraising Efficiency (where a higher number is better) is \$4.10.

*** Canadian Median for Fundraising Effectiveness (where a lower number is better) is \$0.24.

2021 / 2022

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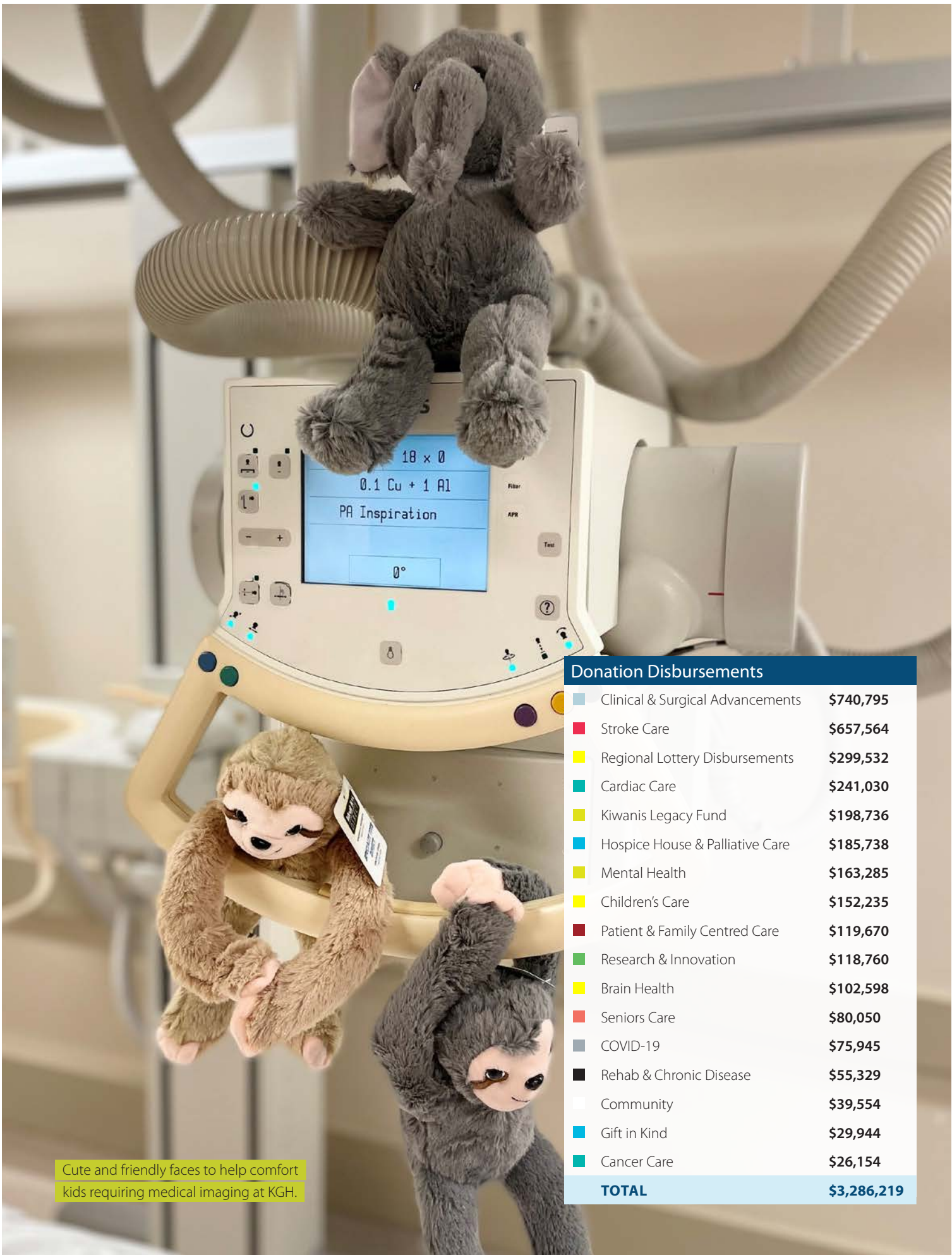
Steven Tuck

Retired Newspaper Publisher/Owner

Trina Warren

Regional Managing Partner
Thompson Okanagan Valley
MNP





Cute and friendly faces to help comfort kids requiring medical imaging at KGH.

Donation Disbursements

■ Clinical & Surgical Advancements	\$740,795
■ Stroke Care	\$657,564
■ Regional Lottery Disbursements	\$299,532
■ Cardiac Care	\$241,030
■ Kiwanis Legacy Fund	\$198,736
■ Hospice House & Palliative Care	\$185,738
■ Mental Health	\$163,285
■ Children's Care	\$152,235
■ Patient & Family Centred Care	\$119,670
■ Research & Innovation	\$118,760
■ Brain Health	\$102,598
■ Seniors Care	\$80,050
■ COVID-19	\$75,945
■ Rehab & Chronic Disease	\$55,329
■ Community	\$39,554
■ Gift in Kind	\$29,944
■ Cancer Care	\$26,154
TOTAL	\$3,286,219

FEATURED 2021 / 2022

PROJECT GRANT HIGHLIGHTS

Kiwanis Legacy Fund

Following the sale of the Kiwanis Tower in November 2017, the Kiwanis Clubs of Kelowna donated \$4 million to establish the Kiwanis Legacy Endowment. Annual proceeds from the historic endowment gifted to the KGH Foundation are dedicated to supporting programs and projects which benefit the health and well-being of children and youth in the Central Okanagan.

In its first three years, the Kiwanis Legacy Fund disbursed \$500,000. In this year alone, the Fund has disbursed \$546,500 into the community, more than doubling the impact for community services and programs while celebrating Kiwanis' 75-year anniversary in the community.

Funds supported the Adolescent Psychiatry Unit and Pediatric Department at KGH, the Kelowna Community Resources Crisis Line by offering a text option, the Child Advocacy Centre's Resilient Families Program, CMHA Kelowna's Benvoulin Youth Housing Initiative and the first phase of the City of Kelowna's Strathcona Beach Park Project, to replace the existing playground with a universally accessible outdoor play space.

Variety Children's Charity

The stress and anxiety for out-of-town families who need to stay in Kelowna while their child receives specialized care at KGH can be overwhelming. If JoeAnna's House is full, Variety Children's Charity steps up to help. In years past, Variety has provided families with seven days of food, travel and accommodation for their stay in Kelowna. But this year, they have increased their support to 25 days, which is simply phenomenal and has a significant impact on families.

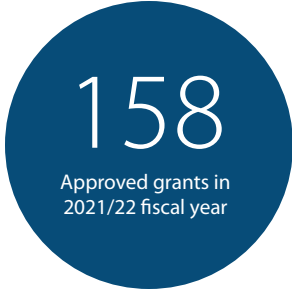
"There are so many unknowns," says Heidi, whose young son spent six and a half weeks at KGH this past year. "The cost of time off work...traveling between home and KGH for appointments...I was prepared to sleep in my car."

Thanks to Variety Children's Charity, Heidi didn't need to sleep in her car. She was able to travel from her home in Castlegar to Kelowna to support her son knowing that her hotel, food and travel were covered. "I can't thank the Variety Club enough...from the bottom of my heart, thank you," says Heidi.

Stuffies for Medical Imaging

A PFCC Grant supported the purchase of cute stuffies for kids requiring medical imaging at KGH. "We had two kids who were adorable," recalls one Medical Radiation Technologist. "We asked what their favorite animal was and they both said "giraffe". The delight was evident on their faces when we were able to give them each a giraffe stuffie!"

Another Technologist shares, "I had to X-ray a two-year-old boy in an isolation room in Emergency. He was so sick, but he did everything I asked of him to get his X-ray. I brought him back a stuffed animal and his little eyes just lit up. I feel this is cathartic for us as technologists, especially when we are in a case that pulls at our heartstrings. Thank you for allowing us this important stress relief. It may not seem like much, but it is amazing for patient (and tech)!"



KGHFUNDATION

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