

IMPACT REPORT

Advancing world-class health care and healthier communities today, and for generations to come. Together we've enabled a year of transformation, uniting community strength with a vision for a New Era in regional health care. As we pen this chapter, remember: your generosity is the heartbeat of our success. With gratitude, we celebrate your pivotal role in reshaping care for all who call the southern interior home.

GIVING CHANGES EVERYTHING

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We humbly recognize and acknowledge that the KGH Foundation operates on the traditional, ancestral and unceded territory of the syllx people.

Cover Photo: TBD

A MESSAGE FROM THE CHAIR

TOGETHER, WE CAN DO SO MUCH.

"When you do nothing you feel overwhelmed and powerless. But when you get involved, you feel the sense of hope and accomplishment that comes from knowing you are working to make things better."

~Maya Angelou



On behalf of the KGH Foundation Board of Directors, it is my honour to share this Impact Report with you. It's important for you to know the significance of the difference that your generosity is making. Being engaged in your community in this way is the catalyst for hope and accomplishment that absolutely drives us forward. Though the challenges we face in health care are complex, they are not overwhelming if we work together. And here, in the interior, as you've shown, we are not powerless.

Collectively, in the 2022/23 fiscal year, you do nated over \$14.6 million to advance health care where it absolutely matters most – right here, in our home community.

What is awesome is that more and more, you are choosing to actively engage, taking part in community fundraisers and events that bring us together and connect us to causes that we all care about. Mental health, brain health, cardiac care, pediatrics... these are just some of the areas of health care at Kelowna General Hospital and in our community that will receive help from your participation in events and fundraisers for the KGH Foundation. From the Heart of Gold Gala to Homebase, Dream Rally, Stride and Glide, and the ever-popular Bands, BBQ, Beers, and Balding festivities (and so many more!), all together, community fundraising events raised over \$3.3 million!

I'm also happy to report that our efforts in the past decade to make giving more accessible to everyone who wants to make a difference have translated into an over 430% increase in online giving. In fact, 37% of you chose to give a gift online this year! With the ease of a click, from the comfort of your homes, and the convenience of your phones, this past year, nearly \$560,000 was donated online.

In the Impact Report that follows, I hope you enjoy learning just how your gifts this year have enabled medical excellence, collaboration, and a fundamental commitment to supporting the people that deliver health care, and the patients that benefit, right here at home.

As Board Chair, husband of a KGH physician, a dad and a proud citizen in this community, I am grateful to everyone who has given to the KGH Foundation over the past year. Thank you for getting involved. As Helen Keller famously said, "Alone we can do so little; together we can do so much."

Kyle Recsky

Chair, KGH Foundation Board of Directors

EVERY MOMENT MATTERS - STROKE CAMPAIGN UPDATE

WORLD-CLASS STROKE CARE, RIGHT HERE AT KGH

In March 2021, the KGH Foundation launched Every Moment Matters. The campaign aimed to support comprehensive advancements in stroke care at KGH and for stroke patients across the southern interior of B.C. The call to action inspired the community and donors took swift action. In less than seven months, the campaign reached its ambitious goal of \$8 million.

A significant commitment of the funding was to bring Endovascular Thrombectomy, a highly specialized, minimally invasive interventional procedure to remove blood clots from the large vessels of the brain, at KGH. The capacity for EVT was formerly only available in large urban centres like Vancouver, Calgary and Toronto. EVT is being heralded as a game-changer in medical teams' ability to respond to stroke. It can mean the difference between a lifetime of disability or being able to walk away from the procedure almost as if the stroke never happened. Such was the case for Donna Van Velzen.

On a chilly November morning, Donna, a Registered Nurse at KGH for over 30 years, arrived for an early shift. As she put on her shoes in the staff changing room, she discovered that she couldn't move her right leg and began teetering to the right. She remembers thinking, "No, no, no...," because it occurred to her that she might be having a stroke.

Most strokes are caused by a blockage or clot in a blood vessel in the brain, also known as ischemic stroke. When blood flow to the brain is blocked, brain cells begin to die – up to 2 million every minute.

Donna surfed the walls and managed to reach

her work area to access help. A team was immediately brought over to assess her. "I heard the neurologist say that I had a blood clot in my brain," says Donna. "Then he said they were going to try and remove it. I remember thinking, are they going to have to open up my brain?"

In fact, KGH physicians didn't need to open up Donna's brain. Instead, after a CT scan that confirmed the clot, Donna was prepped for EVT.

By 10 am, the procedure was complete, and Donna was in ICU (Intensive Care Unit) recovering. She went home the next evening.

"Before EVT, surviving a stroke often meant losing the ability to speak, write or perform activities of daily living, being placed in a care home and/or coping with the emotional toll through rehabilitation," says Dr. Paul Kurkjian, Interventional Radiology Stroke Lead at KGH, who performed the procedure for Donna that fateful day. "However, thanks to EVT, patients like Donna who suffer from an ischemic stroke can receive this revolutionary treatment right here at KGH. The results can be astounding—with some patients able to walk out of the hospital within two or three days."

"EVT and the specialized team at KGH saved my life," says Donna. "The outcome could have been quite different for me if it hadn't been for them. I am so grateful – to the hospital teams and to the donors who made EVT possible, right here, close to home."

Beyond providing better care for patients closer to home, the innovation and equipment are recruitment tools for the hospital and bring

more talent and expertise to our community.

"We've gone from no endovascular capability in this regard, to doing over 150 cases (in 2022), to recruiting a neurosurgical interventionalist sooner than we ever thought possible," explains Dr. Aleksander Tkach, Medical Director of the IH (Interior Health) Stroke Network and EVT Service.

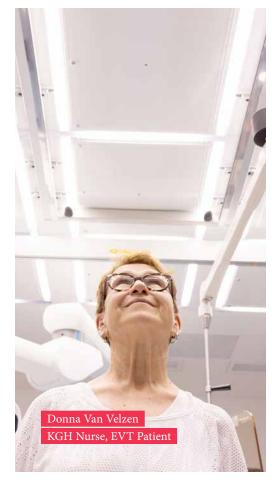
"We've been able to hire two more stroke doctors and we're involved in multiple trials throughout the nation," continues Dr. Tkach. "In fact, our trial recruitment throughout the pandemic was actually some of the best in Canada – going from zero to this so quickly because of this attitude of recognizing the innovation and the strength and resources already within the community."

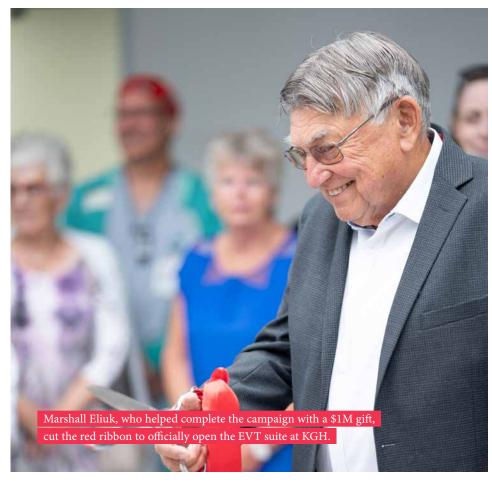
"The fact that our donors helped bring the talent and the equipment to KGH is incredible," states Allison (Allie) Young, KGH Foundation CEO. "Patients in the southern interior of B.C. no longer need to travel to Vancouver or Calgary to access EVT. Now, people in our communities are not only surviving a stroke but, like Donna, can continue to thrive after recovery."

"This investment in innovation, technology and people is imperative as we continue to drive world-class health care forward and ensure that it is available, close to home," says Allie.

The commitment to EVT also included the resources needed to outfit a brand-new, dedicated suite for the newly acquired EVT equipment. This summer, the suite became operational.







ADVANCEMENTS IN EMERGENCY CARE

HIGH TECH & HANDS ON

INSIDE THE PRITCHARD SIMULATION CENTRE AT KGH

Advancements in medical technology can truly revolutionize acute care. However, implementing and integrating these innovative technologies into busy medical settings can be challenging, especially for equipment intended for use in high-pressure emergency situations.

This is why the Pritchard Simulation Centre at Kelowna General Hospital (KGH) is so incredibly valuable. In 2012, the Colin and Lois Pritchard Foundation gave a generous gift to fund the Centre, which bears their name. The Centre is a dedicated space where KGH practitioners and medical learners can train and practice their skills in advanced life support techniques and the use of innovative medical devices.

This past year, a significant estate gift to the KGH Foundation added three life-saving pieces of training equipment to the Centre. Now, KGH critical care and emergency practitioners can keep their skills sharp by undergoing simulation-based training on these new devices.

Two of the devices work in tandem, the Lifepak 15 defibrillator and the LUCAS Chest Compression System. "The Lifepak 15 is an important addition to the Simulation Centre because it is the machine used throughout Interior Health and correct use saves lives," explains JoAnne Slinn, RN, and Regional Knowledge Coordinator for the Simulation Centre. "Previously we only had an older defibrillator to use for staff training, so when they got into the field, they had to adjust to the differences with the Lifepak 15, which could be problematic in a time-sensitive situation."

The LUCAS Chest Compression System is an

automatic compression system that provides high-quality CPR for patients in cardiac arrest.

Dr. Neil Long, Emergency Physician at KGH speaks passionately about the impact of the LUCAS device, "Before, you could have a patient in a cardiac arrest, and you would need a queue of five nurses to do CPR. The LUCAS device can take over for that. When it is in position, it gives accurate CPR at the right rate, does the pauses at exactly the right time and frees up the staff to do other vital tasks once the device is on the patient."

Dr. Long continues, "In a chaotic emergency situation, the LUCAS device helps buy us the critical time to think so that we can determine what the root cause of the patient's cardiac arrest is and more quickly establish our next steps."

CLEARING THE AIR(WAY)

Sometimes there is a challenge with passing a tube into the airway during the skill of intubation. In these situations, a thin tube with a camera at the end called a bronchoscope can be used. During the procedure, the bronchoscope and breathing tube are passed through the nose or mouth, down the throat and into the lungs to assist patients who are experiencing difficulties breathing on their own. This is a time-sensitive procedure that can lead to significant medical distress if there are delays.

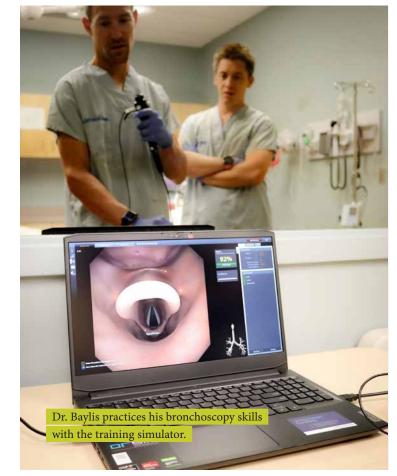
A specialist bronchoscopy trainer simulates this delicate and life-saving procedure with fibre optic technology. The acquisition of this novel piece of equipment for the Simulation Centre allows physicians and medical trainees to safely practice and fine-tune these skills with no risk to patients.

"The replica video bronchoscope is connected to a desktop sensor," explains Dr. Jared Baylis, Simulation Medical Director, and Emergency Physician at KGH. "The sensor registers the movement of the insertion tube and translates this into a three-dimensional virtual airway displayed on the screen. It allows for virtual practice, meaning we do not require an actual patient or manikin, and provides instant feedback results."

The benefits of the Pritchard Simulation Centre environment and the new equipment have an impact beyond KGH. The Centre has used the training devices during the inaugural UBC Emergency Resident procedure day, where over 50 emergency specialist physicians in training were able to practice various life-saving procedures using the LifePak 15, LUCAS device, and bronchoscopy trainer in simulation settings. "The benefits of these training tools are immeasurable," says Dr. Baylis. "We are able to develop and enhance the skills and "muscle memory" of all our emergency specialists, whether current or future practitioners."

The estate gift is one of several to the KGH Foundation, pushing the boundaries of medical excellence, and making a real difference in the lives of patients and their families, close to home. Dr. Long sums it up perfectly, "Donor support of innovative medical technologies that facilitate excellence in health care delivery is vital. These devices save lives. We are incredibly grateful for what philanthropy makes possible here at KGH."









SCIENCE & INNOVATION

STICKING TOGETHER

A new technology that could be a game changer in infection control is now being tested right here at Kelowna General Hospital, thanks to an innovative partnership and the support of KGH Foundation donors.

"The simplest way to describe it is it's similar to a fly strip that you'd see hanging in a garage," explains Dr. Deanne (Dee) Taylor, Interior Health's Corporate Director of Research. "But in this case, it attracts the flies (viruses and bacteria), and they subsequently stick to it. The result is the mitigation of the spread of viruses and bacteria that may cause illness for people."

C-POLAR Technologies is a global company headquartered in the US with a research and development centre in Canada. The innovative technology they have been developing has a particular charge on it that attracts viruses and bacteria and has been verified by leading third-party academic laboratories globally.

"It's a remarkable technology with huge potential impact," says Dr. Taylor.

C-POLAR (short for cationic polarization) has a variety of uses, from ventilation and personal protective equipment to room furnishings and medical equipment. It has been examined by the UBC Okanagan's Airborne-Disease-Transmission Research Cluster and approved by the World Health Organization and put into practice in hospitals all around the world. The result is a more secure atmosphere for both patients and front-line staff.

Not only is the technology novel, but the partnership that's bringing it to life is remarkably unique.

Dr. Taylor explains, "We were in the throes of the pandemic when I received a call from Dr. Alan Rabinowitz, a Cardiologist at St. Paul's Hospital in Vancouver. He shared the concept of C-POLAR. We immediately recognized the incredible opportunity for collaboration and got to work."

Calling on partners at UBC Okanagan, who had already been working on airborne disease transmission, Drs. Taylor and Rabinowitz submitted a grant application to the KGH Foundation to test the technology in a local hospital setting. Utilizing the initial KGH Foundation grant, Dr. Taylor spearheaded a public-private partnership with C-POLAR.

"We considered what would work best for patient care," shares Dr. Taylor. "Something that wouldn't take up space and something that wouldn't make noise was ideal. Since C-POLAR can be applied to unconventional materials, our team came up with the unique concept of using it on artwork in the hospital. The C-POLAR charged art, which is positively charged, will attract the negatively charged airborne viruses and bacteria and mitigate the actual bacterial and viral count in that particular area by upwards of 90 percent."

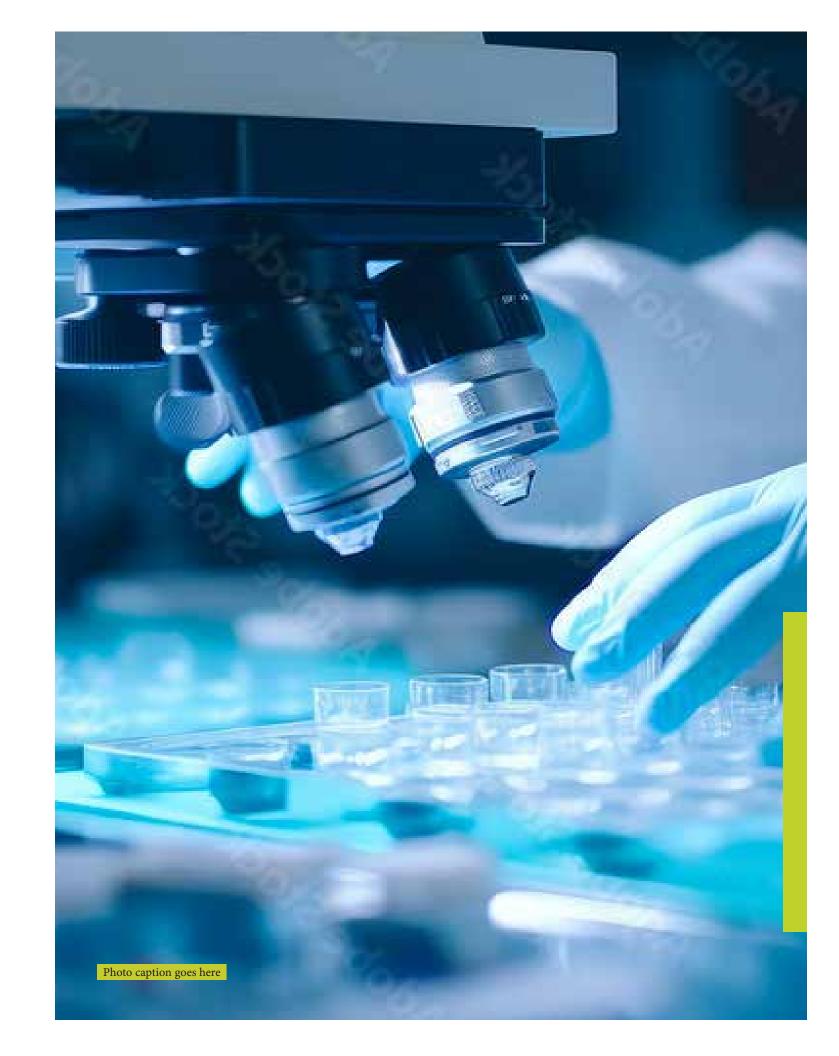
"In a hospital setting, this kind of innovation is truly a game-changer, dramatically reducing airborne bacteria and virus particles in environments, like hospitals, where people are sick and vulnerable," says Allison Young, CEO of the KGH Foundation. "Wrapping the technology with beautiful artwork is really going the extra mile – the kind of ingenuity that needs to be supported in our health system."

"Talk about performing double duty!"

Buoyed by the promising early results, Dr. Taylor applied for and has now been approved for added funding through the BC Ministry of Health. As is increasingly the case, donor funding for projects like C-POLAR can be the catalyst for unlocking provincial funding. This is one of the first projects to receive funding through the ministry's Innovation Pathway Program, which aims to support the testing and assessment of promising innovations in health system settings.

"We know that we can accomplish incredible things when we work together," states Allison. "Partnerships like this, where non-profit, government and the private sector come together to drive innovation towards a common goal are an important investment in the long-term success of our health care systems."

The final word though, comes from Dr. Taylor. "We are grateful to the donors who have made this collaborative initiative possible. It very much embodies the kind of innovation and partnerships that the KGH Foundation promises through its 'Closer to home than you think' fundraising campaign. It is innovations such as this that will drive health care forward, right here at home... and beyond."



ADVANCING LOCAL MENTAL HEALTH CARE

IT TAKES A VILLAGE

TThe urgent need to address the mental health care in our communities continues to dominate the conversation. However, the generosity of donors to the We see you campaign is catalyzing more than just talk. By resourcing both immediate needs and committing funding to 'buy time' for mental health care professionals across the continuum to re-imagine the system of care, the impact of the \$1.7 million campaign is already visible.

The We see you campaign launched on March 10, 2022. It has been a game-changer in providing much-needed funding for local mental health care programs and resources. The unique collaboration initiated by the KGH Foundation, CMHA Kelowna, Child Advocacy Centre Kelowna (CAC), Kelowna Community Resources, and Interior Health has paved the way for innovative solutions in supporting our mental health care system.

INCREASING CAPACITY AT CHILD ADVOCACY CENTRE (CAC) KELOWNA

Ginny Becker, Executive Director of CAC Kelowna, attests to the campaign's critical timing. "With CAC having two and a half years of service delivery behind us, we had significant and compelling evidence of the challenges and barriers families faced in accessing mental health services following an experience of child abuse."

Thanks to the funding from We see you, the CAC has been able to expand its caregiver support groups, providing vital psychoeducational support, tools, and resources to help children affected by trauma. The CAC hired Dr. Pia Pechtel, a clinical psychologist, as a key member of the team, to help lead the

evolution of the CAC programming and increase the capacity to serve vulnerable young members of the community.

ADVANCING FAMILY SERVICES AT FOUNDRY

At Foundry, part of CMHA Kelowna Family Services, We see you funding made it possible to hire a Family Peer Supporter, someone who uses their lived experience to empower and inform parents as they navigate mental health care for their young ones. The program has already guided 380 caregivers through 1,140 sessions in 2022. Demand for support continues to grow, highlighting the ongoing need for this kind of support.

A SAFE SPACE FOR EVERYONE

We see you also supported a pilot project with This Space Belongs to You (This Space) in Kelowna. Meaghan Duckett, This Space Founder and Counsellor, is seeing the impact of that funding on her clients. "Accessing any form of social service support, including mental health care services, is a scary and dangerous place for queer and Indigenous, Black, and People of Colour (IBPOC) people," she explains. "With the funding from the KGH Foundation, we were able to support over 82 individual youth through 450 sessions of one-to-one mental health counseling, free of charge."

With an average of 34 referrals per month and growing, This Space is indeed an essential 'space' for young members of our community.

"This Space is an invaluable refuge for young people in our community who struggle

to find safe, affirming services that understand their unique experiences, says Meaghan. "Sixty-two percent of our clients are not aware of any other 2SLGBTQIA+ (Two-Spirit people, Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual) and/or IBPOC-specific services in the Central Okanagan," states Meaghan.

COLLECTIVE IMPACT

"Through your generosity, we are fostering a collective impact on our community's mental health crisis," states Allison (Allie) Young, CEO of the KGH Foundation. "Through the Mental Health Collective Impact Fund established as part of the We see you campaign, we have worked with leaders in the community to understand the main elements required of a mental health and substance use system of care and identify barriers to working as a system. Our next steps are to prioritize funding and determine where the foundation can best support and facilitate positive change."

Ginny emphasizes that it takes the entire community to come together to make a lasting difference. "It really does take a village," she says. "It is incredible what is possible when we work together. To witness the success of this partnership is to know that there is hope. We are deeply grateful to all who have supported the We see you campaign and who continue to give in support of local mental health programs," she says.





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- Ginny Becker, Executive Director, CAC Kelowna

KGH FOUNDATION 2022/23 IMPACT REPORT
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EVENTS & TRADITIONS

THE INNKEEPER'S GALA A REMARKABLE LEGACY



From its inception, the now legendary Innkeeper's Gala at the Hotel Eldorado has been the marquis event to kick off the holiday season here in Kelowna. For over three decades now, Innkeeper's has not only been the party of the year, but the funds raised have also made a profound impact in advancing health care at Kelowna General Hospital and in the community.

The history of the Innkeeper's Gala is truly the story of a locally based, family-owned hospitality property giving back to the people who live in their home community. During their ownership, the Nixon family established the Innkeeper's Gala as an annual fundraising event in support of Kelowna General Hospital (KGH). In 2014, Argus Properties bought the

Eldorado from the Nixon family and kept the commitment to the Eldorado's philanthropic traditions, including the Innkeeper's Gala.

Over the years, the Innkeeper's Gala has rallied the community in support of the most urgent health care needs at KGH. These include raising funds in support of women's health, youth mental health, pediatrics, JoeAnna's House, helping to bring advanced heart rhythm services and electrophysiology to the hospital, and most recently, support for cancer care surgical and diagnostic equipment.

Over the years, the Innkeeper's Gala has raised over \$1.2 million in support of KGH and local health care.

After a two-year hiatus, the Innkeeper's Gala made a triumphant return in 2022. Over \$200,000 was raised to support the purchase of IHC (immunohistochemistry) stainers for the KGH Pathology Lab. These specialized instruments are used to characterize cancer cells.

Previously, approximately 25 samples per day were sent to the BC Cancer Agency in Vancouver because the KGH Pathology Lab

was unable to complete the tests in-house with older equipment and technology. Sending tissues to Vancouver prolonged diagnosis and treatment planning, adding to a patient's already anxious state.

The new IHC stainers significantly expand the capabilities at KGH and reduce the need to send samples to Vancouver. This means that patients do not need to wait as long for a diagnosis and oncologists can establish a plan of treatment sooner.

"We are grateful to the Nixon Family for establishing this event, to the ongoing commitment of Argus Properties and the outstanding staff at the Hotel Eldorado," says Allison (Allie) Young, CEO of the KGH Foundation. "It's become a tradition! Such an incredible evening of food, dancing, and fun with friends that continues to leave an indelible mark on health care in our community."

The KGH Pathology Lab is currently developing and validating specialized IHC tests to help detect biomarkers in certain cancers. Biomarkers are targets on tumor cells that sophisticated cancer treatments can attach to, destroying the tumor cells minimal impact on the surrounding cells.

UPDATE

FUNDRAISING EVENTS

In early 2022, the return to pre-pandemic normalcy was punctuated by the lifting of mask mandates in most spaces (except for medical settings). Throughout the year we also witnessed a resurgence in in-person events in support of the KGH Foundation.

And it has been wonderful to see our community's smiling faces again.

Fundraising events have emerged as powerful catalysts in support of health care advancements, playing a pivotal role in fostering community engagement and bringing awareness to the community's health care needs, while also spreading hope for the future.

Through the collective efforts of event organizers, sponsors, donors and participants, these special occasions create a sense of unity and channel contributions into a force capable of transformative change. These efforts and the unwavering support of the community reinforce our commitment at the Foundation to improving the lives of patients and their families and transforming health care, close to home

April 2022

KGH Foundation Day of Giving

May 2022

Knox Mountain Hill Climb Bands, BBQ, Beers and Balding

Gorges-Comeau Homebase Charity Slo-Pitch Tournament The Mortgage Group Annual Golf Tournament Good Lemonade Day Wentworth Music: One Final Show

July 2022

Okanagan Dream Rally Bye Bye Beardie Okanagan Celebrity Classic Golf Tournament

September 2021

Heart of Gold Christian Louboutin Pop-Up Salon Peachland Ambassador's Pageant Wilden Wild One Run

October 2021

Better Together Day KSS Class of '72 Graduation Reunion Black Mountain Haunted House

November 2021

Hotel Eldorado Innkeeper's Gala Season of Giving Calendar (Kelowna Sunrise Rotary)

December 2022

Vinevard Glühwein (St. Hubertus)

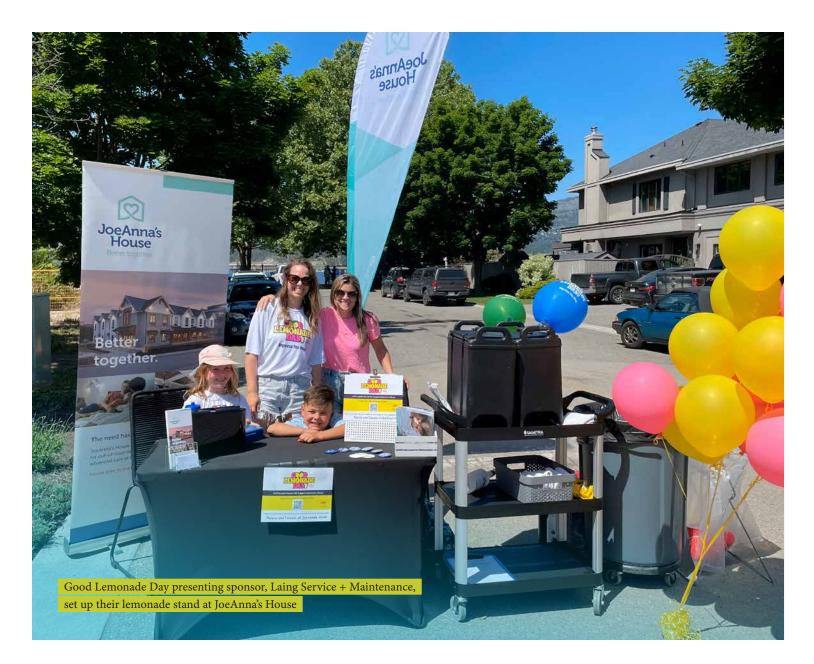
February 2023

Kelowna Nordic Stride & Glide for KGH Telus Kelowna Cup at Big White









"Family is everything to us, so supporting a cause centred on keeping families together during their most difficult times was an easy decision"

- Brandi Ripel



JOEANNA'S HOUSE

MAKING LEMONADE

There's something truly magical, maybe even nostalgic, about a cold, refreshing glass of lemonade on a hot, Okanagan summer day. The only thing that can beat that first sip, is the sweetness of knowing it's for a worthy cause.

On a sun-kissed Saturday in June 2022, the inaugural Good Lemonade Day was held in support of JoeAnna's House. Families from nooks and Cranbrooks across the province joined together to host more than seventy lemonade stands in fifteen different communities.

The sell was a simple and compelling one – a glass of lemonade in support of JoeAnna's House, a home away from home for the families of patients from across the Southern Interior of BC who require advanced care at Kelowna General Hospital (KGH). The promise: to keep families together when they need it most.

The inaugural Good Lemonade Day proved to be an overwhelming success, raising over \$17,000 for JoeAnna's House. This remarkable achievement fueled the anticipation for the sophomore event in 2023, where even more families and communities across the region pledged their support.

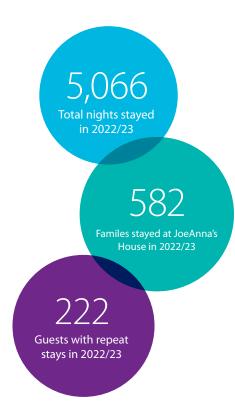
"Family is everything to us, so supporting a cause centred on keeping families together during some of their most difficult times was an easy decision," shares Brandi Ripel, a parent of one of the participating families in Salmon

Arm, BC. "Being able to spread the word about JoeAnna's House while selling lemonade was such a fun and easy way to get the kids involved and excited about helping others."

It was a wonderful display of families supporting families and everyone embraced the opportunity to be part of this community collaboration. Lemonade stands became gathering spots for connection and inspiration.

Taylor, a young girl on the autism spectrum, eagerly embraced the opportunity to run her own lemonade stand. With her mother's support, she set up shop in their Kelowna neighbourhood. Taylor cherished the freedom to manage her own lemonade stand, serving refreshing beverages and collecting donations from grateful passers-by. The experience was so fulfilling, Taylor expanded her efforts, setting up a second location at her residence to collect more donations. "It feels really special to be part of a huge multi-city event supporting such a great cause," shared Taylor's mom, Hailey.

"It's not just about lemonade," says Amy Nunn, Good Lemonade Day Committee Member and VP of Sales and Marketing for Prestige Hotels & Resorts. "It's about community, teaching our kids that the hardships of others matter and that there is always something we can do to help. That when life gives you lemons, you can always make lemonade."



YOUR SUPPORT

MEMORIAL GIVING

The KGH Foundation is honoured to have received gifts in memory of those listed below in the last fiscal year.

Gary S. Abel Gordon Almond Allan Anderson David Andersor Leslie Atwell Jaida-Lynn C. Ausman Dan Bach Frank Baraniesk Linda Barclay Helen Barr Domenico Bartolillo David Bate Wayne Beech Jean C. Bembenek Audrev Bennett Garry F. Benson Carol L. Binne Terri Birker Gerry Bleiler Audrey Bone Dufton Booth Jeffrey L. Brower Daniel Buchanan Gary C. Buckborough Robert Bucknell Louise Burdevny Iim Buttenham Alan F Cameron Dorothy Cameron Sylvia E. Cameron John E. Casev Jeanne Chailler Jane L. Chevrier Deb Cochrane Ian M. Collisor Eileen Cook Lucinda Costa Jerome Coupal Daniel Craigen Onofrio Curatolo Frank W. Czuboka Philip d'Aoust Frank Darby Roy Davidsor Jim Davnard Daniel P. Deck June Demcheson Margaret Desharnai Parm Dhaliwal

Don Dobson

Eugene Downey

Lynda Dunham-Wilkie Derek Easton George Edgelov Kirsty Elmslie Nettie Engbrecht Dan Enns John H. Espler Valeda E. Fix Freda B Flagel Mark P. Flahiff Arthur Fletcher Larry Flynn Shirley A. Fontaine Karen Forbes Shirley A. Fraser Philip S. Fredericks David French **Iack Fullerton** Kerri Gabbana David W Galt Kenneth Ganshirt Joey J. Gerolami Isabel Glover Lorene I. Graham Mary C. Grav Aleah Gregory Else Grimm Jakob Grimm Clifford L. Groat Cornelius Hallisey Edward Hamanish Gerry Hanert Leila Hanson Misako Hatanaka Sugio Hatanaka Annette Heinrich John Hemmett Robert Hepburn Carl Herman Rudy Herman Edward Herzog Thomas Hill Ed Hoffman Rose E. Holitzki Margaret Horovatin Lawrence Howard Marilynn J. Huband John Huggins Greag Hurd Nicholas K. Husch

Robert Jagielak Joseph L. Jamison Nick Ianzen William W. Joe Tanva A. Jorde Karl Kaesmodel Ksenia Kerr Rita Kilmartin David Kirbyson Lena M Klassen Gordon Kolcun Nicholas Kummer Serge Kutukian Douglas A. Lagore Dale Lang Robert D. Lang Charlotte Lawrence Iulianna Lemmon Martin Linder Michael F. Linley Robin Long Denis T. Lordon Avla G. Loseth Glennis A. MacDonald Christina V. MacKenzie Irene M. Manchur Reiner Mannhardt Donald Marsh George Marsh Clifford D. Maruk Elizabeth I. Matthews Lulu Mayan Darrell J. McGuire Dorothy McKenzie Ioanne McMillan Heather McTavish Ian W. Melling Tesla Metcalfe Joseph Mlikotic Natalia Mlikotic Bernard H. Moisev Minoru Mori Ken Morrow Colleen L. Mulvihill Bruce Munroe Bonnie A. Murphy Tributee Name Ali Nazerzadeh Yazda Julian Neale

Holly A. Nevdoff

Lois M. Newton Sharon A. Nicho Terry D. Nichol Peter Nott Irma Nowarre Gail Osborn Gordis Page Mary Panchy Ernie Penninga Douglas G. Peppard Elaine Pepple Carole Perigo Joseph-Christopher N. Perrault David Perron Douglas R. Perry Donna J. Petch Kerry Peterson Carmela Pomponio James R. Pomrenke Raymond Poole Ilene M. Porter Norman Portman Lori N. Pringle Walter Prochnavy Iagdish Rai Larry K. Ratzlaff Mavis Rayson Allan D. Reid Jean Reveyrand Leo Robert Kay K. Roberts Thomas M. Robinson Armand Rochon Ruv Romano Bryan Rosekrans Iean Ross Weston Ross Mike Rout Ron Rubadeau Armerinda Russo Mary C. Sands Ernest W. Sarsons William Sacs Peter Schumann John Simandl Martha I. Simons Claude Simpson Margaret E. Simpson

Maridee P. Skidmore

Annabelle Smith

Joseph Smith

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YOUR SUPPORT

ORGANIZATIONAL GIVING

Community organizations who have generously donated \$500 or more from April 1st, 2022 to March 31st, 2023

KSS Grads of 72 Alumni

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Forbidden Spirits Distilling Co.

FPS Fluid Power Solutions

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KGH FOUNDATION 2022/23 IMPACT REPORT KGH FOUNDATION 2022/23 IMPACT REPORT YOUR SUPPORT

INDIVIDUAL GIVING

Supportive individuals who have generously donated \$500 or more from April 1st, 2022 - March 31st, 2023

In memory of Albert Abougoush Sheila Adams Diane and Edward Aizen Pat and Linda Aldous Carlos Alentejano and Renee Krista Almeida April Anderson - A Game Photography Christo Andrich Noreen Angus Anonymous Donor through the Lynn and Rob Archibald Anthony and Grace Armstrong Elizabeth Arnold-Bailey and Robert Bailey Linda Arscott Sharon Austin Michael and Janet Azhadi Bonnie Bailey Heather and Kevin Bakay Craig and Doris Baker Gord and Linda Ball Adair Banerd Jim and Shirley Banman Lvn and Ioanne Banniste Brian and Bey Barkman George and Stephanie Barnes Roy Barron Ron and Evelyn Bartz Dan and Judy Basso Dieter Bauer D'Arcy Beatty and Mrs. Beatty Dianne Beck and Wayne Keiser Michael and Shirley Becker Barbara Bell and Kenneth Munkholm Susan Bell and Alexander Gord and Beverly Bennett RJ and Lois Bennett and Family Harry Benson Melissa and Jasper Berg Linda and Joe Berger June and Gus Bergh Vivian and Robert Bernard Mary Ann Bernier Madeline Bestick Darcy and Karina Biagioni Douglas Bidwell Len Bidwell Robert Bidwell Deborah Bishop E Bissoon

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Allison Young Ed Yurkiw Alvin and Alice Zaharko Rhonda Zakala and Gino Dal Ponte Virginia Zylas

VOLUNTEER GIVING

IMMEASURABLE TREASURES: THE IMPACT OF TIME & TALENT

It is no secret that the current hiring environment is a challenge for many businesses. Having the right person in the right role, someone friendly, reliable, and responsible, can truly make or break the experience customers can have. So, it is easy to understand why we treasure our KGH Foundation volunteers so deeply. Their gift of time and talent is so much more than a four-hour shift each week.

The contributions of volunteers, including the KGH Foundation Board of Directors, various committees, JoeAnna's House, and event volunteers, are significant. In 2022/23, over 300 volunteers gave 48,000 hours of their time in the KGH Foundation business venues. Together, they brought in almost \$2.8 million dollars through sales at the Perking Lot, KGH Gift Shop, Royal Bistro and Rutland Thrift Store combined.

"Our volunteers are invaluable," states KGH Foundation's hospital venue supervisor, Gabriela (Gabi) Rubio Bocangel. "Without them, our margins would be dramatically affected. The profits from our venues are a valuable source of revenue and are vital to advancing projects that bring world-class health care to our community."

If anyone knows what the volunteer experience is like, it's Gabi herself. She started volunteering in the Perking Lot when she was 14 years old and continued through high school and university. When the opportunity arose to take a staff position to oversee the hospital venues, she was a perfect fit.

"I used to want to be a doctor because I thought it was the best way to help people," says Gabi. Her father is a doctor, and his side of the family are all doctors. "Through my university studies, I discovered there are myriad ways to help people – and the route I chose is through volunteering and supporting volunteers at the KGH Foundation."

"I started as a volunteer and became a volunteer trainer as I gained experience and knowledge," explains Gabi.

"Now I've transitioned into a staff role. I am grateful to support volunteers who just want to make a difference. People are my jam," says Gabi. "I guess you could say I have the gift of 'the Gab' she adds with a wink.

Gabi's counterpart, Max Galloway, also oversees the hospital venues. "We really rely on them, and they always come through," says Max. "Every single volunteer, with every single hour they give to us, with every single smile, plays a fundamental role in helping achieve the organization's overall goals."

Max is originally from Vancouver Island. He has worked in the hospitality, food and beverage industries for years. Eight years ago, it was an opportunity to work at the Eldorado that moved him and his wife to Kelowna. There, Max became involved in the Eldorado's legendary Annual Innkeeper's Gala (see story on p.10) to raise funds in support of the KGH Foundation, and he felt the quiet calling to perhaps a greater purpose.

"After juggling a few roles during the pandemic, I was looking for a 'pivot," says Max. "The opportunity with the KGH Foundation's business venues seemed like a good fit; a place where I could use my experience to have a positive impact on the community."

Jamie Russell also started as a volunteer in the Perking Lot. Now, her big smile is often the first thing people see when walking into Rutland Thrift. For the last seven years, she has managed the store. "I love our volunteers," she says. "I am constantly amazed by their dedication and passion. The store literally would not run without them."

When asked about how she feels about her volunteers, many of whom are in their golden years, she says, "They are so fun, and they do such amazing work in the store. Truly, they are my heart, they are my pride, and it brings me so much joy to work with them," says Jamie.

"No matter what area you choose to volunteer with, volunteering with the KGH Foundation provides an opportunity to pass on kindness to others while making a difference in local health care," says Gabi. "You give and you receive. You give little parts of yourself away and you receive parts of others. It's a beautiful thing."





SUPPORT **SUPPORT**

YOUR SUPPORT

ENDOWMENT FUNDS

The following endowments have been established to provide an annual distribution to an area of care that is most meaningful for those who created it.

550 Guru Nanuk Endowment Adolescent Psychiatry Endowment Blenk Family Endowment Cancer Care Endowment Children's Health Endowment Christine C. Lefaivre Innovation Cochran Family Endowment

Colin and Susan Ives Endowment Cottonwoods Extended Care Endowment Critical Care Endowment Dean and Mary Miller Endowment Denis and Dorene Shepherd Endowment Dr. James Hector Moir and Family

Dr. Walter Anderson Memorial Endowment Eric Heck Endowment Farrar Family Endowment General Endowment George and Dora Rozier Endowment Giuseppe (Joe) and Maria Bianca Iafrancesco Endowment Gregory Bennett Endowment Inge and Walter Niereisel Endowmen James and Anna Stuart Endowment Jessica and Peter Blyth Endowment Iim and Isabella Linda Endowment Johanna and Eugen Helm Endowment John and Monica Shantz Endowment

Kelowna Kiwanis Legacy Endowment

KGH Auxiliary Endowment KGH Doctors Memorial Endowment Mark and Anida Johnson Endowment Marty and Maureen Pope Eye Care Endowment in in Honour of Dr. Malvinder

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Ogden Endowment Patient Emergency Support and Comfort Endowment (AKA The ANGEL Fund) Patricia Maxine Lorraine Melley-Coolahan

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YOUR SUPPORT

ESTATE GIVING

The KGH Foundation is honoured to have received gifts from the estates of the following individuals in 2022/23.

Estate of Katri Arola Anonymous Estate of Isobel Clarke Estate of Dorothy Corlette Estate of Allan and Elsie Farrar Estate of Anne Fischer Estate of Nancy Green Estate of Norma Jensen Estate of Sonja and Walter Kischel Estate of Michael McGowan

Estate of Kathleen McLeod Estate of Petra Nicu Estate of Helene Schock Estate of Ruth Sheppard Estate of Matthew Swan Estate of Gerda Tietz Estate of Josephine Vint Estate of Milton Young

In addition to \$14.6 million in annual revenues, the KGH Foundation has also received approximately \$2.84 million in estate gift confirmations this year.

YOUR SUPPORT

LEGACY GIVING

The following donors have confirmed a deferred gift and are recognized with an engraved leaf on the KGH Foundation's Legacy Tree.

David and Deborah Adel Catherine and Gord Almond Fritz and Rose Altmann Anonymous Kerry and Eleeta Armit Helen Arneson Theresa Arsenault and Stuart Marshall Odette Banerji

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The KGH Foundation gratefully acknowledges the 136 donors who wish to remain anonymous

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Andrea and John Wallin

David and Priscilla Weir

Les and Santhy Yeager



KGH FOUNDATION 2022/23 IMPACT REPORT KGH FOUNDATION 2022/23 IMPACT REPORT 2022 / 2023

FINANCIAL INFORMATION





At the KGH Foundation, we take great care with your gifts. The Foundation participates in an international benchmarking program to ensure our standards for achievement are measured according to the highest industry standards.

Our current Return on Investment (an indicator of "Fundraising Efficiency" – representing the return on each dollar spent) is \$4.85. Our Cost to Raise a Dollar, the benchmarking program's indicator of "Fundraising Effectiveness", is \$0.21.

** AHP (Association of Healthcare Philanthropy) Canadian Median for Fundraising Efficiency (where a higher number is better) is \$4.35.

*** AHP Canadian Median for Fundraising Effectiveness (where a lower number is better) is \$0.23.

2022 / 2023

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^{*} A changeover of Chief of Staff at KGH took place in October 2022.

FEATURED 2022 / 2023

PROJECT GRANT HIGHLIGHTS

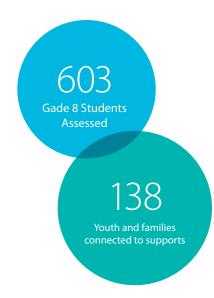
KIWANIS LEGACY FUND

The Kiwanis Legacy Fund was established in 2017 to support the health and wellness of children and youth in the Central Okanagan. In the 2022-23 fiscal year, the Kiwanis Legacy Fund granted nearly \$550,000 to community organizations that support the health and well-being of youth and children. Some of those grants include:

Strathcona Beach Park

Strathcona Beach Park is often bustling with activity. In 2022, The City of Kelowna received a \$150,000 grant to support Phase 1 of the Strathcona Beach Park redevelopment plan. Located steps away from Kelowna General Hospital (KGH) and JoeAnna's House, the funding supported a new structural play area with components that are accessible, inclusive and provide play opportunities for all ages and abilities.

The city's overall vision for the park is progressive and welcoming; and with community support, that vision is becoming a reality.



'PICNIC'

Food connects and builds community and supports increased social capital. For students, food is a key component of wellbeing and supports physical, mental, social, and academic health.

A community food hub is a network of places and people providing food and nutrition programs, services, projects, and initiatives to support student wellbeing. Students at UBC Okanagan, as well as staff and faculty, indicated that establishing a food hub on campus was a priority.

The KGH Foundation Kiwanis Legacy Fund supported the creation of an on-campus food hub named PICNIC with a \$55,000 grant to fund the necessary equipment, supplies and partial funds to support the staffing positions needed to facilitate programming.

Students will host food skills workshops, cook community meals, pilot a breakfast program, and contribute to more food programming to support student well-being.

Upstream Kelowna

Upstream Kelowna (an adaptation of Upstream Canada) is a prevention and early intervention model, aimed at ending school disengagement and youth homelessness. They are a community collaborative that provides supports for young people and families through coordinated and early access to services in schools. Upstream services seek to enhance protective factors by providing place-based access to resources, well-being, health, and resiliency before potential barriers increase and lead to crisis.

Youth with lived experience across Canada, and locally, stated that school-based early intervention – a safe adult reaching out with support and resources – could have prevented them from experiencing crisis, trauma, homelessness, and school disengagement.

The Kiwanis Legacy Fund awarded a \$75,000 grant to support this meaningful preventative work which helped to achieve the following:

- 603 Grade 8 students were assessed
- 138 youth and families were connected to supports



EXTERNAL GRANT

Supporting Blood Transport Services

In 2022, BC Emergency Health Services (BCEHS) launched a new blood transport program with Station 370 (air ambulance) which serves the BC Interior through collaboration with Interior Health, Royal Inland Hospital (RIH) Foundation and Kelowna General Hospital (KGH) Foundation.

The new program gives paramedics the opportunity to improve pre-hospital emergency care and administer life-saving blood transfusions while they are transporting patients via helicopter to RIH or KGH. Having blood readily available on board also allows BCEHS to deliver more equitable care to rural, remote and Indigenous communities. Prior to this program launch, pre-hospital blood was only available on air ambulances based out of Vancouver and Parksville.



Donation Disbursements \$6,941,771

Amortization, Administration, Salary & Benefits \$3,480,045

Business Enterprises \$1,976,150

Lake Life Lottery \$1,802,603

JoeAnna's House Operations \$739,552

Donation Disbursements		
Equipment	\$4,807,792	
External Grants	\$1,165,221	
Kiwanis Legacy Fund	\$520,355	
Program Support/Patient Care & Comfort Items	\$241,030	
Research	\$132,642	
Education & Wellness	\$73,169	
TOTAL	\$6,941,771	



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